

UNDERSTAND FAST ENGLISH

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Here are your instructions for the entire lesson I say a sentence three times you need to listen to that sentence and write down exactly what you hear in the comments after i'll explain what I said and you can learn the pronunciation changes that take place in fast English and you can also learn the advanced Expressions that I use and that native speakers commonly use so let's get started with the first listening exercise i'll say it three times we should have had a backup plan we should have had a backup plan we should have had a backup plan I said we should have had a backup plan let's talk about the pronunciation notice I said we should have we should have had should have native speakers we

combine this to sound like notice
that L is silent we Shoulda we
should have had should have had
we should have had a backup plan
let's take a look at the linking
between back up this is how native
speakers combine sounds so two
separate words will sound like one
word back up so we take the sound
from back the last sound and we
transfer it to the next sound up ba
cup but you have to combine those
sounds together so it sounds like
one word backup back up back up
plan backup plan we should have
had a backup plan now what is a
backup plan a backup plan is an
alternative plan that you can use if
your original plan fails let's say
you're going to present at a
conference or a meeting so you

bring your computer and your presentation is on the computer that's your original plan that's plan a but it's always smart to have a backup plan this could be your backup plan you can put your presentation on a USB a memory stick so if there's any issues with your computer you have a plan B a backup plan and then you can say my computer wouldn't connect to their equipment but thankfully I had my presentation on a USB thankfully I had a backup plan let's try this again i'll say three times her comment really pissed me off her comment really pissed me off her comment really pissed me off I said her comment really pissed me off let's look at the pronunciation of pissed because here this is an ed

a past simple verb but the sound of that Ed is a very soft T pissed pissed now when we say this in a sentence and there are words that come after you almost don't hear that t so you can't really distinguish that it's in the past simple it's the context of the sentence that will make it obvious that it is the past her comment really pissed me off now what does this mean to piss someone off this means to make someone really angry now note that this is an informal expression and it can also be considered impolite it would be considered impolite if your name is Mark and I said Mark you're really pissing me off that would be impolite but native speakers commonly use this to complain about people so I

could be talking to my husband or my best friend and say Mark really pissed me off today and text it's not impolite but it would be impolite to look directly at someone and say you really piss me off so don't do that now we also use this in the structure to be pissed off the pronunciation is the same pissed off to be pissed off this is simply to be really angry for example I was so pissed off when I came home to a completely dirty house even though my kids promised to clean up after the party do you want to do another listening exercise i'll say three times take what she says with a grain of salt take what she says with a grain of salt take what she says with a grain of salt I said take what she says with a grain of

salt here the pronunciation is clear
but if you don't know what this
idiom means then you won't
understand it so the idiom is to take
something with a grain of salt we
use this to say that you shouldn't
believe everything someone tells
you because it might not be true so
let's say your friend tells you that
oh Gina says she'll help me move
this weekend but from your
experience Gina likes to make a lot
of promises but she doesn't always
follow up with those promises she
doesn't always fulfill those
promises then you might say take
what she says with a grain of salt
you're letting your friend know that
Gina might not actually do what
she says and let's focus on the
grammar here what do you notice

about this sentence take what she says with a grain of salt what verb tense is this in we're using the imperative take is in the imperative because the sentence begins with a base verb there's no subject here that's how you can identify the imperative and the imperative is used to give instructions orders or suggestions so I'm suggesting that my friend take what she says with a grain of salt your next listening exercise i'll say it three times it's high time we let her go it's high time we let her go it's high time we let her go I said it's high time we let her go for pronunciation let's talk about Let Her Go Let Her Go here notice how her sounds like er you don't hear the age ER but I also attach it to the word before so

I link those sounds together letter
letter letter letter Go Let Her Go
it's high time we let her go let's
look at the expression it's high time
when you say it's high time that
something should happen you're
saying that something should
happen now and not later and when
you use this expression you also
suggest that it should have already
happened so we should have we
should have already let her go but
we didn't so we should do it now
because it's high time we let her go
and in my opinion it's high time
that you enrolled in the finally
fluent Academy it's high time you
should have already done this you
should have already done this but
maybe you haven't so you should
do it now and not later once the

finally fluent Academy well this is my premium training program where we study native English speakers on TV movies youtube and the news so you can improve your listening skills of fast English and add the most common Expressions to your speech so we do exactly what you're doing now but you use native speakers from TV movies youtube so you get a variety of different accents and styles of speech plus you'll have me as your teacher and i'll be there to coach you every step of the way so it's high time you join the finally fluent Academy and you can look for the link in the description to learn more coming back to our example is high time you let her go now to let someone go this is an

alternative way of saying to fire
someone when you fire someone
they permanently stop working for
the company so when you let
someone go they permanently stop
working for the company it's high
time we let her go remember you're
suggesting you should have let her
go a while ago so now you better
do it let's do one last listening
exercise i'll say it three times he
looked a little frazzled he looked a
little frazzled he looked a little
frazzled I said he looked a little
frazzled let's talk about
pronunciation A little little native
speakers we don't pronounce T's
between two vowels it will be
either a very soft D Lido or you
just won't hear it Lil Lil a little a
little and notice the ah is connected

to it a little a little a little he looked
a little frazzled frazzled here it's a
past simple Ed verb but the
pronunciation is a very soft D and
you almost don't hear it frazzled
very sought frazzled frazzled to be
frazzled or to look frazzled this is
when you are or look very tired but
you also look very worried or
anxious so I might look frazzled if
you see me and normally my hair
is nice and in a nice position but
you see me and my hair is crazy I
have makeup a little bit under my
eyes maybe my shirt is a little
messy as well and visibly you can
see that I might look frazzled and
then obviously i'll look very tired
and maybe like very worried and
anxious so you might see it visibly
in my appearance and you can see

it on my facial expression as well
so if you see a co-worker that looks
frazzled you might say are you
okay you look a little frazzled
amazing job improving your
listening skills of fast English now
let's improve your pronunciation
Let's do an imitation exercise I'm
going to say each sentence again
but I'm going to pause and then I
want you to repeat the sentence out
loud and try to follow my
pronunciation exactly so try to
imitate my pronunciation and i'll
say each sentence three times so I
want you to repeat it out loud three
times we should have had a backup
plan we should have had a backup
plan we should have had a backup
plan her comment really pissed me
off her comment really pissed me

off her comment really pissed me
off take what she says with the
grain of salt take what she says
with the grain of salt take what she
says with the grain of salt it's high
time we let her go it's high time we
let her go it's high time we let her
go he looked a little frazzled he
looked a little frazzled he looked a
little frazzled so did you enjoy this
listening exercise did you enjoy
testing your listening skills if so
put yes yes yes in the comments so
I know you want me to keep
making videos just like this and
you can get this free speaking
guide where I share six tips on how
to speak English fluently and
confidently you can click here to
download it or look for the link in
the description and why don't you

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