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Timed Reading for Fluency

Paul Nation / Casey Malarcher



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GOING BRIGHT
朗识教育

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Chapter 1

Leisure

A Write the phrases under the right pictures.

a spa visit
a recipe book

a coconut cake
a public park

a little snack
home entertainment

an orchestra concert
some yogurt



1. _____



2. _____

In a kitchen:



3. _____



4. _____



5. _____



6. _____

For relaxing:



7. _____



8. _____

B

Which sentences do you think are true? Put a check (✓) in the box.

1. ☐ A good place to forage for coconuts is on the beach by the sea.
2. ☐ The first culture with public spas lived in North America.
3. ☐ An orchestra must have at least fifty musicians in it.
4. ☐ Actually, Rob and Bob are both short forms of the name Robert.
5. ☐ Some people's bodies can't process ice cream or cheese well since these foods have milk in them.

C

Work with a classmate. How often has he or she done the following things?

- | | Quite Often | Once or Twice | Never |
|---|--------------------------|--------------------------|--------------------------|
| 1. listened to a live orchestra | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. cooked a recipe that called for coconut | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. enjoyed eating foods from other cultures | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. had a massage at a spa | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. sang karaoke without a microphone | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

D

Fill in the blanks with words from the box to make common phrases.

coconut
secret

culture
snack

least
spa

orchestra
treasure

public
yogurt

1. a healthy _____
2. a _____ place
3. a relaxing _____
4. a symphony _____
5. frozen _____
6. a _____ hunt
7. a _____ shell
8. a foreign _____
9. at _____
10. my mother's _____ recipe

Proper Nouns to Know

Study these words that you will find in the readings for this chapter.

Asia

China

Daisuke Inoue

English

Greece

Italy

Japan/Japanese

Korea/Korean

Roman

Turkey



Snack Rules

Probably you grew up with a stop-snacking mom. That is a mom who tells her kids that snacks are bad. They will make you fat. They will hurt your teeth.

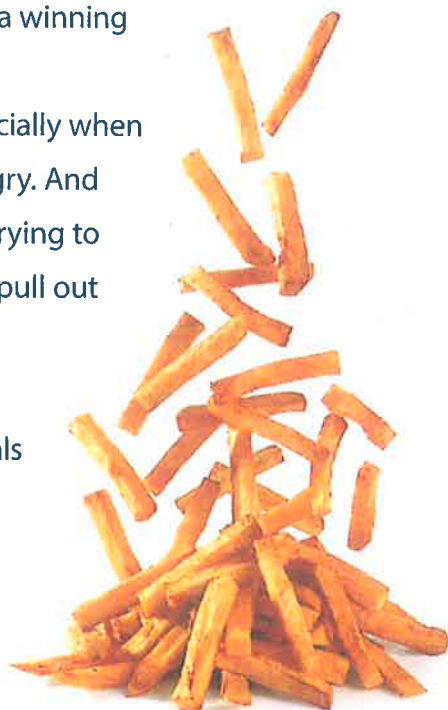
Well, Mom may be right about most things, but she isn't right about all snacks. There is actually a healthy way to snack. In fact, snacking the right way can keep you healthier! The right snacks can keep you from eating too much at dinner and keep you from getting fat.

The first rule about snacking is to make your own. Don't buy snacks that are already wrapped and sold in stores. Most of those snacks have too much sugar and salt in them.

The second rule about snacking is to eat things that take longer for your body to process. Things like bread and crackers are processed quickly by your body. Have some cheese or yogurt to go along with some bread, and you've got a winning snack.

The third rule about snacking is to remember water. Especially when you are working, it is easy to mistake being tired for being hungry. And you might not really be hungry at all. Your body might just be trying to tell you to drink some water. Have a bottle of water before you pull out another snack. That might be all you really need.

With one or two snack breaks during your day, you will probably find that you eat less at lunch and dinner. Smaller meals will help you cut down the amount of food you eat during your day. And eating less is a great way to start losing weight. Sorry about that, Mom.



Word Count 275 words

Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. good ways to snack.
 - b. how much kids eat.
 - c. why snacks are bad.
2. Who does the writer say gives us the wrong information about snacks?
 - a. Moms
 - b. Schools
 - c. The government
3. The writer says that snacks should
 - a. be one small food item.
 - b. have more salt than sugar.
 - c. not come from stores.
4. Which of the following is NOT mentioned by the writer?
 - a. Bread
 - b. Nuts
 - c. Cheese
5. One thing that the writer suggests is
 - a. drinking water.
 - b. eating two meals.
 - c. sleeping more.



Extra Practice

Choose the right answer for each question.

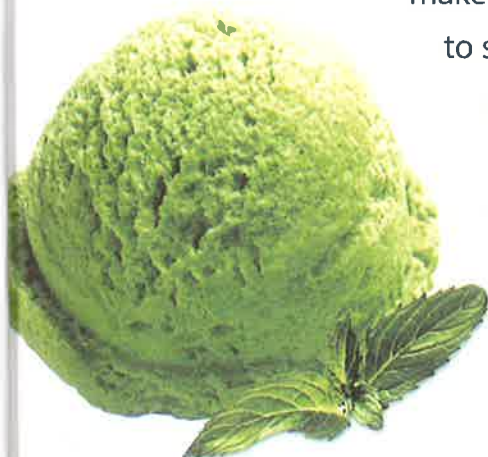
- | | | |
|---|-------------|---------------|
| 1. What will too many snacks probably do? | Lose weight | Make you fat |
| 2. What does snacking the right way make you? | Healthier | Wrapped |
| 3. What do store snacks have too much of? | Sugar | Yogurt |
| 4. How might you feel if you are tired? | Healthy | Hungry |
| 5. How can you cut down the amount you eat? | More salt | Smaller meals |

Putting Together the Best

Cooking can be a great hobby. After you have learned how to make some recipes, it is time to try something new! Putting different kinds of cooking together is a fun way to make new and interesting dishes. This kind of cooking makes new recipes using parts of old recipes.

5 This idea has a long history. A long time ago, people who lived in one place usually cooked the same kinds of foods. They ate the same kinds of foods as their friends and families because those foods were easy to find or make. Since people did not move much from one place to another, these foods became part of the culture of a town, city, or country. Now, people move a lot. When they move
10 from their homes to other countries, they bring their recipes with them. They mix together the tastes from their old recipes with the tastes from the new place.

You do not have to move to new places to have fun with new kinds of food! You can use any recipe you want. But it is important to think about how different foods taste. Do you like ice cream? Ice cream is very sweet and it is easy to make in
15 an ice cream maker. Green tea is tasty and can be used in many recipes. You can make green tea ice cream as a cool snack. But you do not need to stop with green tea and ice cream. You can make a meat recipe, too. If you like coconut milk, you can try making a delicious sauce for meat. (Or, you can always make
20 coconut ice cream! It's delicious.)



Word Count 275 words



Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. what green tea does to ice cream.
 - b. mixing different kinds of recipes.
 - c. a fun way to learn recipes from other cultures.
2. The writer says that when learning to cook this way, be sure to
 - a. use old recipes that your friends like.
 - b. only make sweet foods.
 - c. think about how different foods taste.
3. Which of the following is NOT mentioned about making new foods when cooking?
 - a. It has a long history.
 - b. People moved and took their recipes with them.
 - c. Most of the recipes use green tea.
4. The cooking described in the reading uses
 - a. recipes to make something hot.
 - b. parts of recipes from different places.
 - c. an ice cream maker for the recipes.
5. According to the writer, what can you make with coconut milk?
 - a. A kind of tea or some ice cream
 - b. Meat sauce or a treat
 - c. Ice cream or cheese



Extra Practice

Circle the right word.

Some people enjoy cooking as a 1. (hobby / sauce). They may like to try new 2. (coconuts / recipes) or even mix old ones with new ones. They can make interesting and delicious new 3. (dishes / towns) in this way. Some people even mix tastes from different 4. (cultures / rules) to make new foods. In this way, we now have such tasty 5. (meats / snacks) as green tea ice cream.



The Empty Orchestra

Karaoke has been popular in Asia for a long time now. But these days, people in the West are learning to love karaoke.

Karaoke has been around since the 1970s. Karaoke is formed from a Japanese word and an English word. The Japanese word is *kara*, which means
5 empty. The English word is *orchestra*. An orchestra is a group of musicians who play music together. In the Japanese language, the word orchestra is pronounced "okesutora." Later, the word was shortened to "oke."

The karaoke machine as we know it today came from a machine invented in Japan. The Japanese often enjoy some type of musical
10 entertainment at their dinners or parties. Before the invention of the karaoke machine, a musician would be paid to play music. People would then sing along with the music. One of these musicians was a man named Daisuke Inoue. Inoue's music became very popular. He had to go to a lot of parties to play for the guests. People asked him for recordings of his music so they could take
15 them home with them. That gave Inoue an idea. He made a machine that people could put money into and sing along with his recordings. These machines were very popular. Inoue made money from restaurants and hotels that used his machines. Inoue was happy because he didn't have to go to so many parties anymore.

Karaoke machines later came to be used everywhere. In fact, the cost is now
20 so low that almost any home can have one. Karaoke is great for people of all ages. And with the machine and a little karaoke music, anybody can be a star.



Word Count 275 words

Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. popular singers.
 - b. orchestra music.
 - c. how karaoke began.
2. Where has karaoke been popular for the longest time?
 - a. America
 - b. Asia
 - c. Italy
3. Which two languages are used to form "karaoke"?
 - a. Japanese and English
 - b. Chinese and Japanese
 - c. English and Korean
4. Which of these is NOT true of Daisuke Inoue?
 - a. He was a popular singer in Japan.
 - b. He played music for parties.
 - c. His machine was used by hotels and restaurants.
5. Why did Inoue make a music machine?
 - a. He wanted to be rich.
 - b. People wanted recordings of his music.
 - c. Hotels and restaurants were not popular.



Extra Practice

Choose the right answer for each question.

1. What does the Japanese word *kara* mean in English?
2. Where was the first karaoke machine invented?
3. What was a job that Daisuke Inoue had?
4. What word describes Inoue's recordings?
5. Where can low-cost karaoke machines be found today?

Empty	Orchestra
Canada	Japan
Movie Star	Musician
Popular	Tired
In homes	In recipes

Enjoy Nature with Foraging!

Do you enjoy walking in nature? Do you like learning about trees and plants? You may like foraging! Foraging is a lot like a treasure hunt. You look around in places like forests and lakes to find different kinds of plants that you can eat. Foraging is a lot of fun! When you walk in the woods, you can find many kinds of plants. Some of these plants are dangerous. Some of them are good to eat. You can spend many relaxing hours walking around in the wild looking for good plants to eat.

While foraging is a lot of fun, you still have to be careful. It is exciting and challenging to find plants that you can eat, but do not eat them until you are very sure of what they are. Before you go foraging, take a class about it. Learn how the different kinds of plants that you can eat look in the wild. Practice finding them with your foraging teacher. Then join a group of foragers. Look for plants together. Never eat anything until you are 100% sure of what it is. Some people have become sick by accident because they ate a wild plant that was dangerous.

Foragers follow some important rules. They do not gather all of the plants in one area. If you take all the plants from one area, no more will grow there. Do not look for wild plants in areas where there are a lot of cars, like by a road or parking lot. If the area is very dirty, the plants there will not be good to eat and may make you very sick.

Word Count 275 words



Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. joining a foraging group.
 - b. looking for wild plants to use as food.
 - c. learning how to find plants by roads.
2. The writer says
 - a. foraging can be dangerous.
 - b. foraging is never easy.
 - c. foraging is very tiring.
3. Which of the following is NOT mentioned as something to do before foraging?
 - a. Taking a class
 - b. Joining a group
 - c. Walking in the mountains
4. The writer says that eating plants beside the road
 - a. can be bad for you.
 - b. can make foraging easier.
 - c. can keep forest plants safe.
5. You should be 100% sure of what a plant is before
 - a. you join a foraging group.
 - b. you ask the teacher to help you.
 - c. you decide to eat it.



Extra Practice

Circle the right word.

Foraging is like hunting for 1. (lakes / treasure) in nature. Walking around in the wild woods as you forage can be fun and 2. (careful / relaxing). But watch out for plants that are 3. (challenging / dangerous) to eat. If you eat such a plant by 4. (accident / forests), you might get sick. Another rule about foraging is not to gather all the plants in one place. Also, don't look for plants in dirty 5. (areas / inventions) by roads.

Public Bath Houses

In the past, public bath houses were places where people would go to clean themselves. Today, it may seem strange for someone to wash with others outside their home. However, in the past, most houses did not have baths
5 in the home. Public bath houses were the only choice. Actually, they were not just a place to wash, but also to meet with others and relax as well.

The earliest public bath house is thought to have been in India over 4,000 years ago. From that time, many cultures have used public bath houses. In ancient Greece, the public bath houses included areas for washing, a common pool for
10 relaxing, and areas for exercise. The Romans also had public bath houses. Some even included game rooms, gardens, and libraries!

Public bath houses are still around today. Countries such as Turkey, Japan, China, Hungary, and Italy still have them, but in different forms. The Korean public bath
15 houses have the traditional areas for washing, steam rooms, and massages. However, they have taken it to the next level. Many large public bath houses in Korea are open 24 hours a day, 7 days a week. Almost all of them have internet rooms, snack bars, and places for sleeping on heated floors and relaxing in front of large TVs. In countries such as the US and the UK, places like these are called spas, not public bath houses. People visit these spas to relax as one would at a bath house.

20 Though public bath houses may seem like a strange idea, it's an experience you might want to try if you can. They are a lot of fun.



Word Count 275 words

Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. features of early public bath houses.
 - b. why public bath houses were built.
 - c. how public bath houses have changed.
2. The writer says that public bath houses were first built because
 - a. they saved water and time.
 - b. homes did not have bathing rooms.
 - c. it is healthier to wash in groups.
3. The writer says that public bath houses with libraries were found in
 - a. very large homes.
 - b. ancient Rome.
 - c. 24-hour spas.
4. Which of the following is NOT mentioned as part of a Korean bath house?
 - a. An internet room
 - b. A snack bar
 - c. A water park
5. Public bath houses in the UK are similar to
 - a. water parks.
 - b. spas.
 - c. swimming pools.



Score _____

Extra Practice

Choose the right answer for each question.

- | | | |
|--|----------------|-------------|
| 1. What did homes in the past not have? | Baths | Gardens |
| 2. Where probably was the earliest public bath house? | India | Korea |
| 3. What area might you find in ancient Greek bath houses? | Exercise areas | Snack bars |
| 4. What did some Roman bath houses include? | Libraries | Many levels |
| 5. What form do bath houses in the US and UK usually take? | Cold pools | Spas |

The Body

A Where are these parts of the body? Match the parts with the picture.

1. face muscles

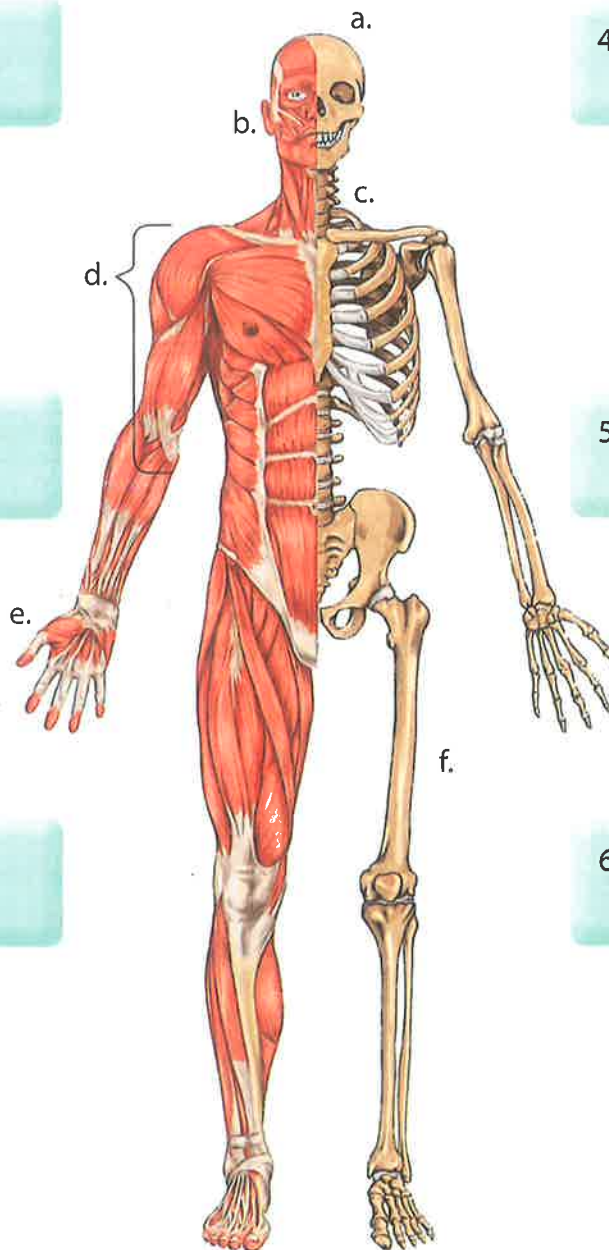
2. a hand without skin

3. the upper body

4. the top of the backbone

5. a bone to protect the brain

6. a big leg bone



B Write the right word in each blank.

alive
material

among
muscles

control
pain

cookies
replaces

headaches
sugar

1. Our brains _____ the things inside of us that keep us _____.
2. The heart is the hardest working muscle _____ all of the _____ of the body.
3. Some _____ will cause people to feel _____ behind their eyes.
4. The soft white _____ in bones _____ red blood cells.
5. Sweet foods like _____ have a lot of _____ in them.

C Work with a classmate. Write two ideas for each topic below.

1. Body parts that don't feel much pain:
2. Good medicine for headaches:
3. Things that are not alive:
4. Body parts that people replace:
5. Material that is OK to wear over skin:

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

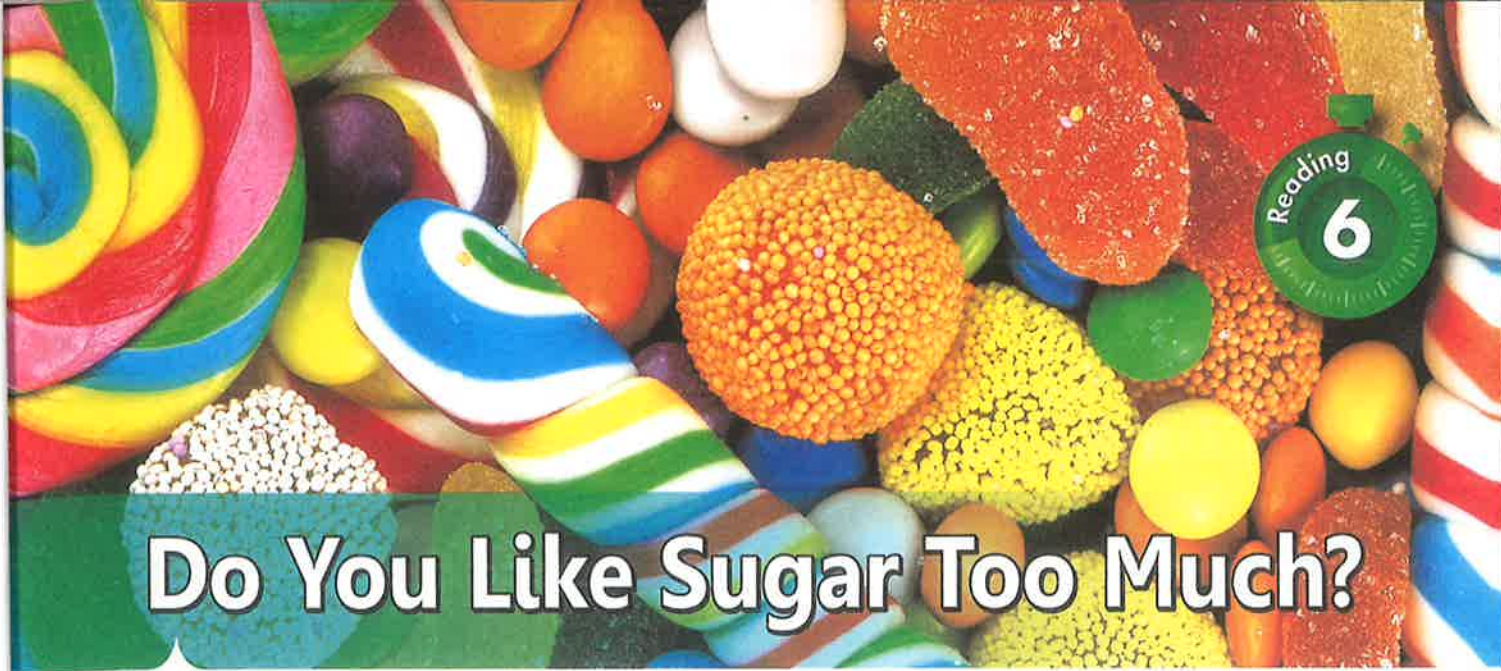
D Look at each list of words. Circle the word that does not belong in each list. Why doesn't it belong?

1. headache
2. apples
3. backbone
4. alive
5. among

- hurt
candy
blood cells
breathing
of

- pain
cookies
heat
manmade
down

- smile
ice cream
muscles
living
within



Do You Like Sugar Too Much?

Many things we eat have some natural sugar in them. But extra sugar is often put into foods we buy. Sugar is delicious, but added sugar is not good for you. Doctors say it can have bad effects on your body by making you gain weight. But there are other bad effects from eating a lot of sugar as well. Added sugar can make it hard to think. It can
5 give you a headache. Sugar can make you become ill. It can also cause problems for your heart. Do you feel tired a lot? It could be that you are eating too much sugar. Foods like cookies, cakes, and drinks have lots of added sugar. Even foods we think are good for us, like yogurt, can also have added sugar.

In many countries, food makers have to say how much sugar is in their food. This is so
10 that people can decide if they want to buy that kind of food or choose one with much less sugar. For example, some breakfast foods contain lots of sugar while others have much less. Some fruit drinks have lots of sugar added to them. Other fruit drinks have much less sugar and still taste good.

What if you really like sugar? You can make small changes
15 in what you eat and cut out the sugar slowly. If you like candy, you can eat apples, strawberries, or pears. These are all sweet, but they will not make you sick. If you like yogurt, buy yogurt that has no sugar or very little sugar. You can put strawberries or some other fruit in the yogurt to make
20 it sweet.



Word Count 275 words



Comprehension Questions

Circle the right answer.

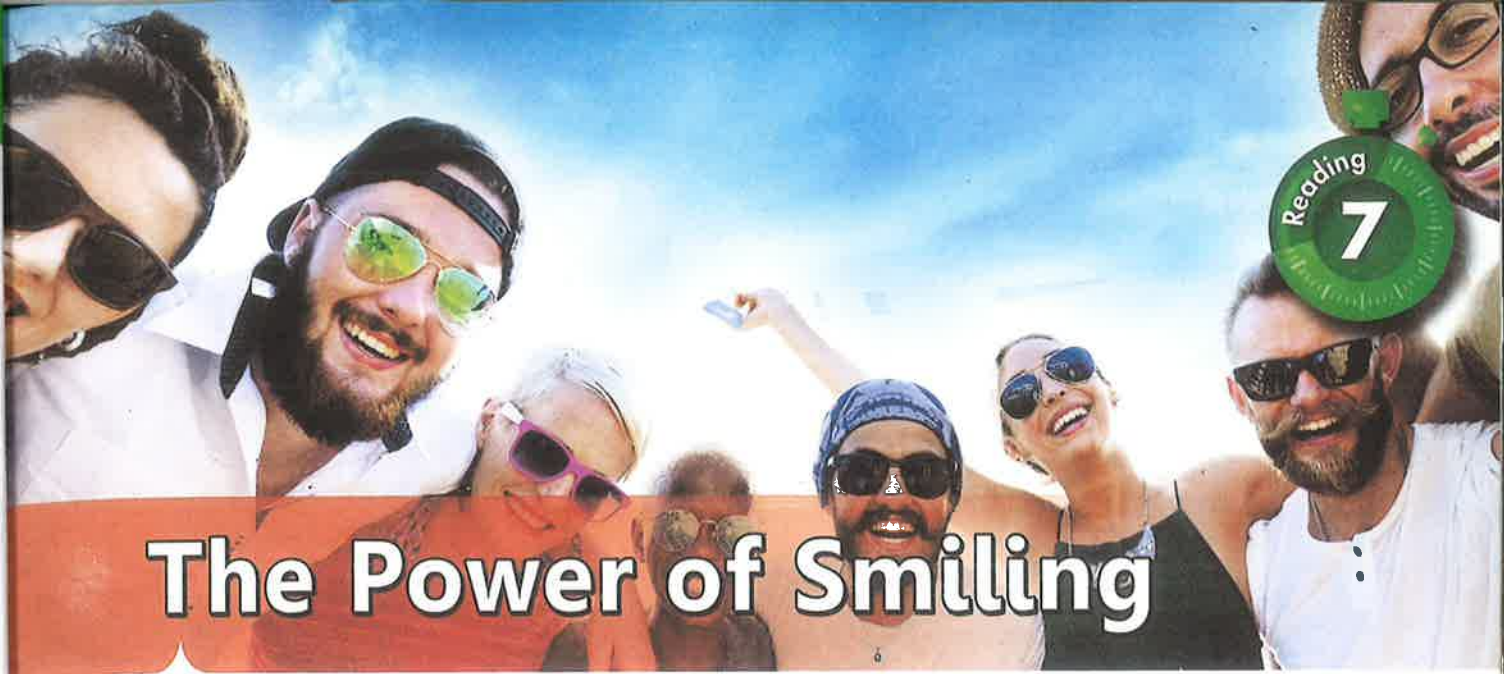
1. This reading is about
 - a. people who eat the most sugar.
 - b. doctors' ideas about sugar and food with sugar.
 - c. what sugar does and how to eat less sugar.
2. The writer says
 - a. too much sugar can make you ill.
 - b. more sugar should be added to food.
 - c. too much sugar is a problem for doctors.
3. Which of the following is NOT mentioned as a food with added sugar?
 - a. Yogurt
 - b. Strawberries
 - c. Fruit drinks
4. The writer says that if you like candy, you should
 - a. eat yogurt.
 - b. eat fruit.
 - c. eat cakes.
5. Too much sugar can
 - a. make you hungry.
 - b. cause your bones to break.
 - c. give you a headache.



Extra Practice

Choose the right word.

Sweet drinks and cookies are not good for you because they have extra 1. (fruit / sugar) in them. Too much sugar can make you fat, and give you a 2. (breakfast / headache). Even worse, it can make you ill or cause problems for your heart. Even foods we think are healthy, like 3. (pools / yogurt), can have extra sugar in them. Some sweet foods do not 4. (contain / relax) added sugar, so these are better for you. Choose to eat foods like apples and pears the next time you feel like having some 5. (candy / sauce).



The Power of Smiling

A smile shows that a person is happy. For example, a person may smile when he or she is pleased with a grade on a test. Or a person might smile if a friend told a funny joke. People smile for many different reasons. But smiles are more than just a way for people to show that they are happy. There are other good reasons to smile often.

5 First, it is easier to smile than to show unhappiness. In fact, it only takes 17 muscles to smile. On the other hand, it takes 43 muscles to show unhappiness. So give the muscles in your face a rest and smile!

Second, smiles are nice. People may try to look nice on the outside by exercising or wearing nice clothes. However, there is a famous saying: a smile is the best thing a
10 person can wear. That is because it is easy to be around someone who is smiling and happy. Almost no one wants to be around someone who is unhappy all the time.

Third, smiles have power. Both smiling and laughing can easily and quickly spread from one person to another. If one person smiles, people around him or her want to smile, too. Similarly, when a person laughs, people tend to laugh with them.
15 If a person is sad, the best thing to do is share a smile or laugh. It is the easiest (and cheapest) way to cheer someone up.

Finally, smiling and laughing are very good for the body. Even if you are mad or sad, try smiling. You'll find that it will be hard to stay mad or sad for very long!

Word Count 275 words



Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. the different ways people smile.
 - b. how to make someone smile.
 - c. the importance of smiling.
2. The writer says that
 - a. it takes more muscles to smile than to frown.
 - b. it takes more muscles to frown than to smile.
 - c. it takes the same amount of muscles to smile and frown.
3. The saying goes: "A smile is the best thing a person can
 - a. have."
 - b. do."
 - c. wear."
4. The writer thinks the best way to cheer people up is
 - a. to buy them a gift.
 - b. to share a smile or a laugh.
 - c. to give them a good grade.
5. Which of the following is NOT mentioned as a reason to smile?
 - a. It looks nice.
 - b. It is easy.
 - c. It is quiet.



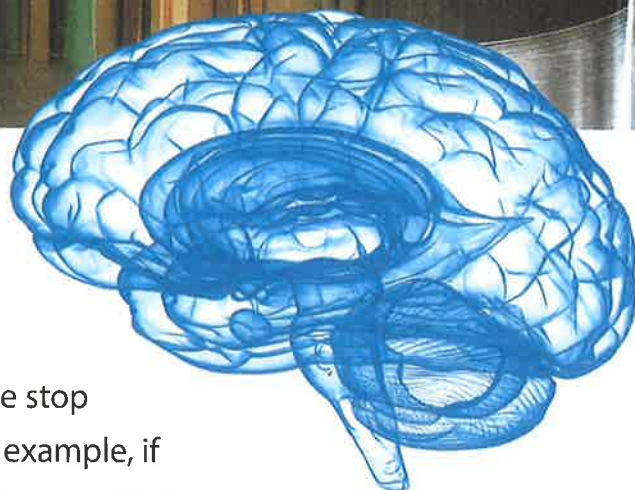
Score _____

Extra Practice

Choose the right answer for each question.

- | | | |
|---|--------------|-----------------|
| 1. What does a smile show? | Happiness | Unhappiness |
| 2. What is a funny thing to say? | A grade | A joke |
| 3. Which takes more muscles to make? | A happy face | An unhappy face |
| 4. What do others tend to do when someone laughs? | Exercise | Laugh |
| 5. What is a cheap way to cheer up others? | Shop | Smile |

Brain Pain



What is the reason for pain? Pain hurts us, but could it be good for us? Is pain in fact helpful? Pain is the body's way to tell us that something is wrong so that we stop what we are doing to protect the body. For example, if you break your leg, pain stops you from walking on it. If you didn't feel any pain, you would continue walking around and you could hurt your leg more. But why does it continue to hurt even after you have stopped walking on your hurt leg? That is because your body needs you to rest in order to have the energy to mend the broken bone.

But how does pain work? We have special cells in our skin, our eyes, and inside our bodies, too. When something goes wrong, these cells send messages to the brain. The brain then makes us feel pain so we will stop doing whatever is causing the pain. Put your hand on a hot pan, and your hand's skin cells tell your muscles and your brain. Your muscles are able to quickly move your hand away from the heat. At the same time, your brain gets the message that something is wrong and you need to care for your hand. It all happens in less than a second.

But did you know that the brain itself cannot feel pain? In fact, when doctors cut into the brain, they do not put the person to sleep. Because the person does not feel any pain in the brain, it is thought to be much safer if the person is awake while the doctor works.



Word Count 275 words

Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. how doctors work on the brain.
 - b. how the body protects itself.
 - c. how the brain moves our bodies.
2. What, according to the reading, is the main purpose of pain?
 - a. It makes us change what we're doing so we don't do more damage to the body.
 - b. It teaches us about the way our bodies move and grow.
 - c. It tells doctors about problems with the body so that they can fix them.
3. What is NOT mentioned as a good thing that pain might make a person do?
 - a. Move the body
 - b. Rest
 - c. Make some noise
4. What would likely happen to people who can't feel pain?
 - a. They would get hurt more often.
 - b. They would not be afraid of falling.
 - c. Their lives would be easier.
5. Why is it OK for a person not to sleep while a doctor works on his or her brain?
 - a. Because a person needs to talk to the doctor
 - b. Because the brain does not feel pain
 - c. Because people feel more pain when sleeping



Extra Practice

Choose the right word.

When we feel 1. (pain / safe), our body is telling us something. 2. (Cells / Pans) in our skin tell our brains that something hurts. Your body is saying you should not 3. (continue / taste) to do what is causing the pain. By stopping and resting, our bodies can 4. (mend / share) what is hurt or broken. An interesting thing about the 5. (brain / muscle) is that it cannot feel pain even when it is cut by doctors.

An Amazing Part of the Body

There is an interesting part of your body. It is always dying, and it is replaced every 28 days. Everywhere you go, you leave tiny pieces of it on the ground or the floor. It is the largest part of your body. It is your skin.

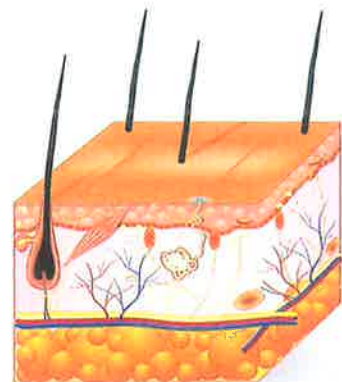
When we think of parts of the human body, we usually think of the heart or the brain. But the skin is also a part of your body. In fact, it makes up about 15% of your body weight and covers an area of about two square meters.

The skin is always replacing itself. Dead skin cells are always falling off your body. In fact, scientists say that half of the dirt in your house is made up of dead skin. But your skin does not just make you look pretty or old. It does some very important things.

The skin protects your body. Your skin is a covering for the inside parts. It also works hard to keep your body warm or cool. Tiny holes in the skin can open or close to help control body heat.

Your skin is also a "feeler" for your body. It feels touch or pain. Parts of cells that feel touch are connected to the brain. When you touch something, your brain decides what to do and then tells your muscles. But the parts that feel pain are connected straight to muscles. If these feel sudden pain, they tell the muscles to move quickly. The muscles don't need the brain to tell them to jump.

Because of all the things the skin does, it truly is an amazing part of your body.



Word Count 275 words

Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. parts inside your body.
 - b. the skin on your body.
 - c. your brain and your blood.
2. According to the reading, your skin is
 - a. always dying and being replaced.
 - b. changing shape every day.
 - c. made up of many muscles.
3. Which of the following is NOT true about skin?
 - a. It makes up about 15% of your body.
 - b. It helps to keep your body cool or warm.
 - c. It has only one type of cell.
4. Scientists say that skin
 - a. makes up about half the dirt in your house.
 - b. covers an area of about twenty square meters.
 - c. is the part of your body that needs the most care.
5. When nerves in the skin feel pain, they
 - a. quickly move away from your skin.
 - b. quickly tell the muscles.
 - c. quickly become larger with help from the brain.



Extra Practice

Choose the right answer for each question.

1. What part of the body is replaced after it dies?
2. How much of your body weight is your skin?
3. What is half of the dirt in a house made up of?
4. What job does skin do for the body?
5. What are some "feeler" skin cells connected to?

The brain

15%

Blood cells

Breaks it

Holes

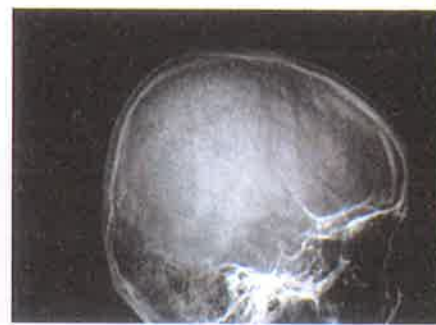
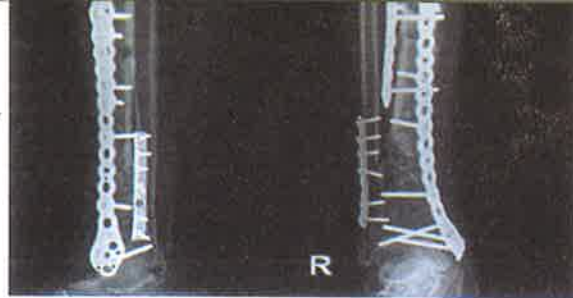
The skin

85%

Dead skin

Protects it

Muscles



All Those Bones

We don't normally see our bones, so we probably don't think about them much. But your bones help your body in important ways: by supporting it, shaping it, protecting it, and helping it to move.

There are more than two hundred bones in your body, and all of these bones have important jobs. One group of bones holds your body up. Among these bones are the leg bones and the backbone. Without these bones, you would not be able to stand or sit up.

The shoulder bones and the bones in your upper body give your body its shape. These bones are not just there to shape you; they help to keep you alive. They do this by protecting the heart and other parts of the body that are contained within them. Without these bones, these body parts could be easily hurt. The bone in your head does the same thing for the brain. It is strong, and it keeps your brain from being hurt easily.

And the bones in your body, of course, help you to move and do things. Muscles in your body give you the power to move, but without the bones in your arms, legs, hands, and feet, your muscles would be of no use to you.

Your bones also help your body in another very important and surprising way. The center of some bones contains a soft, white material. It is in this material that new red blood cells are made. Red blood cells, of course, are very important for keeping us alive. All of these things that the bones do make them truly amazing parts of the human body.



Word Count 275 words

Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. how blood is made.
 - b. how bones work.
 - c. how muscles work.
2. The writer says that
 - a. material in bones makes blood cells.
 - b. muscles have bone cells in them.
 - c. all bones have the same job.
3. Which of the following is NOT a job of bones?
 - a. To support the body
 - b. To protect the body
 - c. To help us to run fast
4. Which bones protect parts of our bodies?
 - a. The backbones and leg bones
 - b. The hand bones
 - c. The shoulder bones
5. If a person has a low number of red blood cells, what might be the cause?
 - a. A problem inside some bones
 - b. A problem with keeping body shape
 - c. A problem with the muscles



Extra Practice

Circle the right word.

The 1. (bones / cells) of the human body support, shape, and protect it.
2. (Among / Within) the bones that hold up the body are the leg bones and backbone.
Shoulder bones and bones of the upper body give our bodies 3. (material / shape).
Bones such as the one in a person's head 4. (add / protect) important parts of the
body. The head bone protects a person's 5. (brain / center).

A Match the phrases to the right pictures.

1. _____



2. _____



3. _____



4. _____

a. a toilet

b. an artist working
with clay

c. a five-star rating

d. a famous work of
art worth millions

e. a woman in jail

f. many sculptures

g. things of no value

h. a statue in front
of a palace

5. _____



6. _____



7. _____



8. _____

B Read the definitions. Then write the right words from the box in the blanks.

jail corn million rate sculpture worthless

1. a vegetable that people eat: _____
2. 1,000,000: _____
3. to say how good or bad something is: _____
4. a place to keep people who break the law: _____
5. having little or no value: _____
6. a work of art like a statue: _____

C Survey your classmates. Write the name of one person who knows...

1. ... the name of an artist who spent time in jail. _____
2. ... where to find the Christ the Redeemer statue. _____
3. ... a country that grows a lot of corn. _____
4. ... a museum where many valuable works of art are kept. _____
5. ... in which city the Grand Palace in Thailand can be found. _____

D Match the words that have similar meanings.

bathroom clay millions painter
palace prison sculpture worth

1. artist — _____
2. lots — _____
3. mud — _____
4. jail — _____
5. statue — _____
6. value — _____
7. toilet — _____
8. castle — _____

Proper Nouns to Know

Study these words that you will find in the readings for this chapter.

Avanos, Turkey	Barney Smith	Beijing	Buddha
Christ the Redeemer	Corcovado Mountain	Europe	France
Jackson Pollock	Leonardo da Vinci	London	Louvre
Mona Lisa	New York City	Paris	Rio de Janeiro, Brazil
San Antonio, Texas	South Dakota	The British Museum	Vincenzo Perugia

The Value of Art

If you had one million dollars to spend, would you buy a famous painting or sculpture? Most people would not think of buying art. They think of art as something that cannot be used. Many people
5 enjoy looking at pieces of art, but there are not many people who would pay a lot of money for art. Maybe this is why some people are surprised when a piece of art sells for a lot of money.



Why are some art pieces so expensive? Who decides how much art is worth anyway?
10 Works by famous artists, such as Monet or Picasso, are worth a lot of money. But the value may go up or down based on if a work is real and how common it is. For artists who may be new or not so well-known, the value of their art may go up or down based on an art expert's opinion of it.

However, sometimes the value of art does not follow rules. For example, Jackson
15 Pollock is best known for his paintings that look like paint was thrown on a wall. Still, his paintings sell for millions. Another artist's photograph of a simple, brown potato sold for more than a million dollars. These are examples of when the value given to a piece of art may confuse some.

In the end, the value of a piece of art depends on each person. What may be worthless
20 to one person may be very valuable to another. In the end, the buyer decides the worth of a piece of art. The value of a piece of art just becomes the price someone pays for it.



Word Count 275 words

Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. how an artist becomes famous.
 - b. how to get lots of money making art.
 - c. how the value of art is decided.
2. The writer says that art is
 - a. personal.
 - b. beautiful.
 - c. worthless.
3. Which of the following is NOT a way the writer says the value of art might be decided?
 - a. How popular or not the artist is
 - b. An art expert's opinion
 - c. Things used to make the work of art
4. What is Jackson Pollock best known for?
 - a. His expert opinion
 - b. His photographs
 - c. His paintings
5. The writer says that in the end how much value a work of art has comes from
 - a. how many of the works can be found.
 - b. how much the buyer is willing to pay for it.
 - c. how big the work of art is.



Extra Practice

Choose the right answer for each question.

- | | | |
|---|---------------|-------------|
| 1. What gives some works of art more value? | The artist | The age |
| 2. Who is a famous artist? | Pablo Picasso | Pablo Smith |
| 3. How much might a work by Pollock be worth? | Millions | Not much |
| 4. What did one photograph worth millions show? | A bone | A potato |
| 5. In the end, who decides the value of a piece of art? | The artist | The buyer |

Stealing the *Mona Lisa*

One of the world's most famous paintings is the *Mona Lisa*, by the Italian painter Leonardo da Vinci. Many people think it is the greatest piece of art of all time. People like it because the woman in it has an interesting smile. Today, people can view the *Mona Lisa* by visiting the Louvre art museum in France. It is there for all to see.

In the early 1900s, there was a man named Vincenzo Perugia from Italy. He thought that because the piece of art was from Italy, it should be returned to Italy. So he decided to steal it. First, he got a job with the museum. He was part of a group that was given the job of protecting the painting behind glass. Ten months later, he visited the Louvre. At closing time, he hid in the museum while everyone left. First, he took the whole painting in its frame. Then he cut the painting out of its frame. Finally, he was ready to leave the museum before it opened. He left the museum with the painting without anyone noticing.



When workers arrived at the museum, they were not worried about the missing painting. They thought that someone had probably taken it to get cleaned. But later in the day, they found out that the painting was not to be cleaned that day. They searched the museum but did not find it. Police began looking all over the world. It was two years before they caught Perugia. He was trying to sell the painting in Italy for \$100,000. He was sent to jail, and the painting was then returned to the Louvre.



Word Count 275 words

Comprehension Questions

Circle the right answer.

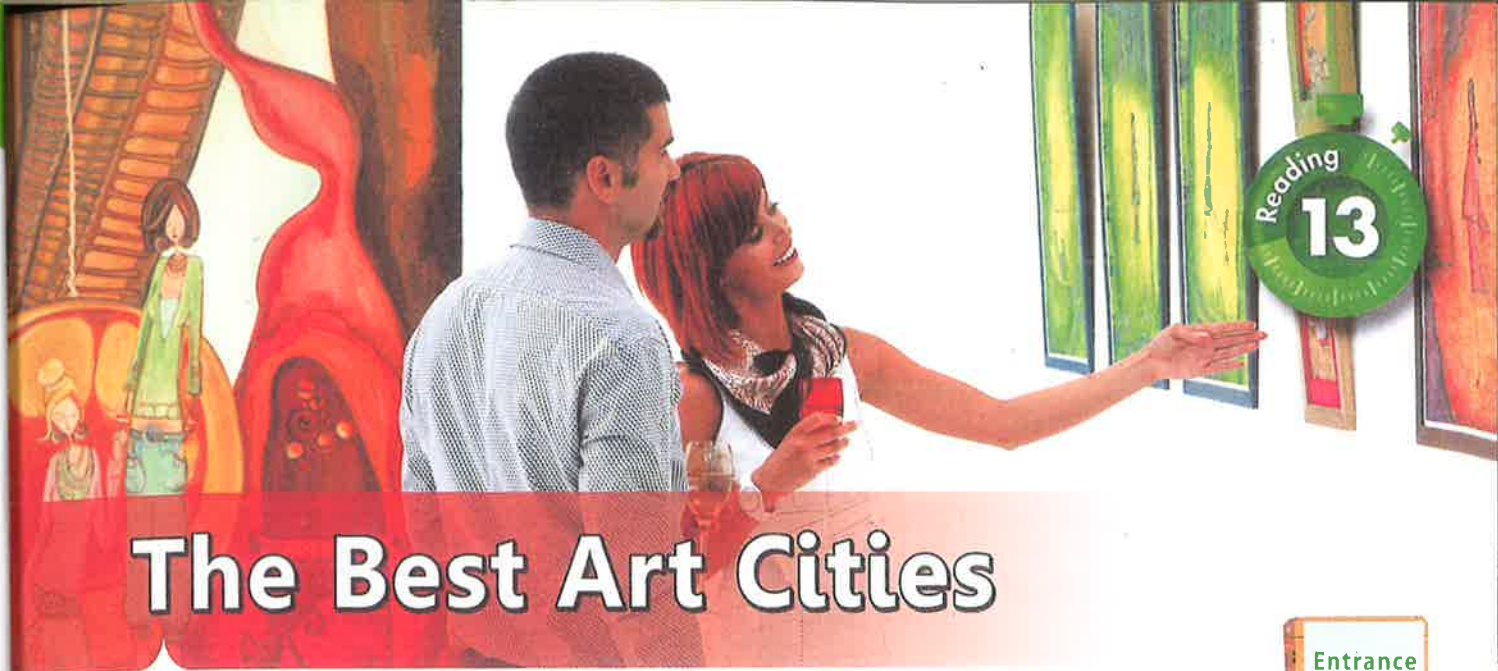
1. This reading is about
 - a. how one man stole a famous painting from a museum.
 - b. how one man returned a stolen painting to its owner.
 - c. how one man saved a famous painting from being stolen.
2. Why, according to the reading, do people like the *Mona Lisa*?
 - a. Because it is so life-like
 - b. Because of the colors used by the artist
 - c. Because of the woman's smile
3. How did the thief get to the painting?
 - a. He went to the museum and did not leave at closing time.
 - b. He worked as a person who cleaned old paintings.
 - c. He broke in through a window near the painting.
4. Why did the thief want to steal the painting?
 - a. He needed money to feed his family.
 - b. He believed the painting belonged in Italy.
 - c. He thought da Vinci's family should have the painting.
5. How was the thief caught?
 - a. He left something with his name on it.
 - b. He tried to sell the painting.
 - c. Police were waiting outside the museum.



Extra Practice

Choose the right word.

The *Mona Lisa* is a 1. (famous / whole) painting in the Louvre museum in France. In the early 1900s, a man from Italy stole this work of art. He got a job with the 2. (museum / opinion) protecting the painting. After the museum closed, he took the painting and its 3. (frame / photograph) off the wall. He left in the morning without anyone 4. (confusing / noticing) him. The police searched for two years before they found the man and the *Mona Lisa*. He went to 5. (jail / smile), and the painting went back to the Louvre.



The Best Art Cities

Art museums can be found in most large cities. However, certain cities have a lot more very popular art museums than other places.

Art museums do not have ratings the way fine hotels or restaurants do. But we can compare museums by the number of yearly visitors in order to rate them. In one such comparison done in 2014, only art museums having one million visitors or more were included.

Starting in the US, New York City has three top-rated museums. The Met had more than 6 million visitors for the year. That total, added to the total of the other two museums, gave New York City 10.5 million visitors in 2014.

Next on the list, with just two of the city's art museums bringing in more than one million visitors, is Beijing, China. The museum inside the largest palace in Beijing had 14 million visitors for the year. The total number of visitors to Beijing's two art museums was about 15 million.

Europe had the greatest number of top-rated art museums. Paris had five of those museums. The Louvre, with many world famous works of art in it, had more than 9 million visitors. The total number of visitors to the top five art museums in Paris was a little more than 19 million.

The city with the most top-rated art museums was London, with nine. The British Museum alone had almost 7 million visitors in 2014. The total of all nine museums in London was 29 million visitors.

You can find great art anywhere. But if you really want to have the greatest choice of museums, London is the place to go.

Word Count 275 words



Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. cities with the most artists.
 - b. cities with popular art museums.
 - c. cities with the best art.
2. To find out which city had the highest number of top art museums, the writer used
 - a. ratings by an art expert.
 - b. total number of visitors.
 - c. number of people in the city.
3. Which of the following was NOT included in the rating?
 - a. Museums with more than one million visitors
 - b. Visitor totals from the year 2014
 - c. The total value of all of the works in a museum
4. The city with the least number of top-rated art museums was
 - a. London.
 - b. Paris.
 - c. Beijing.
5. According to the article, London
 - a. had good museums for history but not art.
 - b. had the highest total of top museums.
 - c. had works of art that could be seen in Paris as well.



Score _____

Extra Practice

Choose the right answer for each question.

- | | | |
|--|------------|-----------|
| 1. What was used to compare famous art museums? | Art value | Visitors |
| 2. Which city in China had the most visitors to its art museums? | Beijing | Hong Kong |
| 3. Which top-rated New York museum had the most visitors? | The Louvre | The Met |
| 4. How many top-rated art museums did Paris have? | Five | Millions |
| 5. Which city had more top-rated art museums than Paris? | London | Toronto |

Is It Art?

Art is usually thought of as a painting or sculpture. It may be nice to look at or it may tell a story. When people want to see examples of great art, they will usually go to an art museum.

In the city of Avanos in Turkey, there is a museum that is now famous for its hair—human hair! This museum's walls are covered with hair. Each person who visits is invited to leave some hair for the museum's walls. There have been so many visitors that the museum thinks 16,000 people have left hair that now covers the walls. It is quite a hairy thing to see. Art? Maybe. Interesting? Very.

In South Dakota in the US, the Corn Palace is interesting to see. The building itself is not a museum, and it does not hold any art inside. However, the outside of the building is covered from top to bottom in art created with corn!

In San Antonio, Texas, a man named Barney Smith started a museum of toilet seat art. Smith fixed toilets for many years. When one person wanted to throw 50 old toilet seats away, Smith had an idea to paint them. Since then, he has created more than 1,100 pieces of art using toilet seats.

These are just a few examples of strange art. If you can imagine it, somebody has probably made art from it. As you can tell, what is art to some may not be art to others. What is not art to some may be art to others. So don't be surprised if you walk into a museum and see some very strange art!

Word Count 275 words



Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. art in strange places.
 - b. strange art.
 - c. using strange items to paint.
2. The writer says that the museum in Avanos, Turkey displays
 - a. art that uses toilet seats.
 - b. different kinds of corn.
 - c. walls covered in hair.
3. A place in South Dakota has
 - a. over 16,000 visitors a year.
 - b. a building decorated with vegetable art.
 - c. many strange works of art inside of it.
4. Barney Smith, the man who started a museum in San Antonio, Texas, paints on
 - a. paper.
 - b. toilet seats.
 - c. buildings.
5. When you visit a museum, you should not be surprised if you find
 - a. people fixing toilets.
 - b. some strange works of art.
 - c. millions of visitors inside.



Extra Practice

Choose the right word.

Usually people think of paintings or 1. (sculptures / sticks) when they think of art. But some 2. (lists / museums) have strange works of art for people to see. An art museum in Turkey has 3. (frames / walls) of hair for visitors to see. In the US, one museum has a palace made of 4. (corn / potatoes), and another has lots of works made from 5. (jail / toilet) seats!

Giant Sculptures

Sculptures are 3D pieces of art made from things such as metal, clay, or stone. Thus, they usually last longer than other pieces of art. Though a sculpture can show anything, the largest sculptures show people. These sculptures are called statues. Most statues represent religious figures or leaders of a country. In this way, they are symbols of culture and history.

Interestingly, most of the tallest statues in the world are of Buddha. In fact, the tallest statue in the world is the *Spring Temple Buddha* statue in China. It is 420 feet (130 meters) tall. That's about the height of a building with 42 levels! The statue weighs about 1,000 tons (900,000 kilograms). Because of its giant size and weight, it took about 11 years and cost about \$55 million to make. The statue was completed in 2008.



In Rio De Janeiro, Brazil, which held the 2016 Summer Olympics, you can find the statue *Christ the Redeemer*. At 98 feet (30 meters) tall, it is much shorter than the *Spring Temple Buddha*. However, the statue was built at the top of Corcovado Mountain. So, the statue itself is more than 2,300 feet (700 meters) above the city. In 2007, more than 100 million people around the world voted it to be one of the new Seven Wonders of the World.

Can a building such as a hotel be a work of art? A building is not a sculpture, but some buildings look like sculptures. They have beautiful and interesting shapes, and people enjoy looking at them because of that.

No matter the person or the object represented, giant sculptures are surprising pieces of art!



Word Count 275 words

Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. different types of art.
 - b. large works of art.
 - c. how to build a statue.
2. The writer says that sculptures are pieces of art that
 - a. only show people.
 - b. are 3D.
 - c. can be a building.
3. According to the reading, which is NOT something that sculptures are made of?
 - a. Metal
 - b. Clay
 - c. Sand
4. A sculpture of a person is also called a
 - a. statue.
 - b. palace.
 - c. temple.
5. What is the tallest sculpture in the world?
 - a. An Olympic statue
 - b. A statue of Christ
 - c. A statue of Buddha



Extra Practice

Choose the right answer for each question.

- | | | |
|--|----------------|-----------------|
| 1. What are large sculptures of people usually called? | Statues | Walls |
| 2. Who are most of the world's statues of? | Buddha | Shakespeare |
| 3. How tall is the <i>Spring Temple Buddha</i> statue? | 13 m | 130 m |
| 4. Where can <i>Christ the Redeemer</i> be seen? | In a museum | On a mountain |
| 5. Which would not be called a sculpture? | A giant object | A tall building |

Chapter 4

Psychology

A Write the right word in each blank. Two words will NOT be used.

certain
motivation

general
relationship

happiness
reward

instance
whether



People who lose 1. _____ to work out problems with a partner will feel less 2. _____ in the 3. _____ over time.

Jennifer's purpose in working hard is to 4. _____ herself later with a vacation. For 5. _____, last summer she traveled to 6. _____ parts of England that she had always wanted to see.



B Connect the parts to make correct sentences.

- | | | | | |
|--------------------------|---|------------------------|---|-----------------------|
| 1. In general, men tend | • | a reward that | • | ghosts in them. |
| 2. People feel happiness | • | certain places have | • | it's time or money. |
| 3. If you think your job | • | is important, you will | • | goals to reach. |
| 4. Some people believe | • | to think about | • | motivates all people. |
| 5. Money is not | • | when giving, whether | • | work with purpose. |

C Work in groups with your classmates. Can you think of examples for all of the topics listed below? Share your ideas with the class.

Certain relationships that are often difficult:

Things that are not food, but people may eat them:

Things that people tend to be afraid of:

Types of rewards and whether they motivate you or not:

D Label each phrase as "T" for *Thought* or "A" for *Action*.

- | | |
|---|---|
| 1. ____ speak with others | 5. ____ give money |
| 2. ____ feel motivated | 6. ____ understand the purpose of a job |
| 3. ____ tend to believe | 7. ____ hope a relationship goes well |
| 4. ____ know whether something is good or not | 8. ____ smile to show happiness |

Proper Nouns to Know

Study these words that you will find in the readings for this chapter.

Africa/African

Greek

Pica

How Different Are Men and Women?

Men and women do things differently. Scientists want to understand why. They have found some interesting things about the brains of men and women. In general, women's brains tend to let them see and remember more things. This means that women tend to remember the smells, sounds, and things they see around them. Men, on the other hand, tend to have brains that allow them to just think about the work they need to do. This means that a man will think and work in a way doing one thing until it is completed.

Each of these ways of thinking shapes the understanding men and women have of their lives. Women tend to see all parts of their lives as connected to each other. Men tend to see each part of their lives as a different piece of their lives. Women tend to want to talk about their problems so they can talk about their feelings. Men tend to want to talk about problems so they can find an answer to them. Both ways of seeing the world are useful for finding answers.

Men and women work in different ways in teams. Women tend to share ideas and build good relationships. Men tend to want to give everyone a certain job and make sure that everyone is working well. In general, women tend to think more about how things are getting done. Men tend to think of the goal and how to finish the work well.

Men and women are different, but those differences are good. Both ways of thinking about the world help answer questions, and both ways are useful for solving difficult problems.

Word Count 275 words



Comprehension Questions

Circle the right answer.

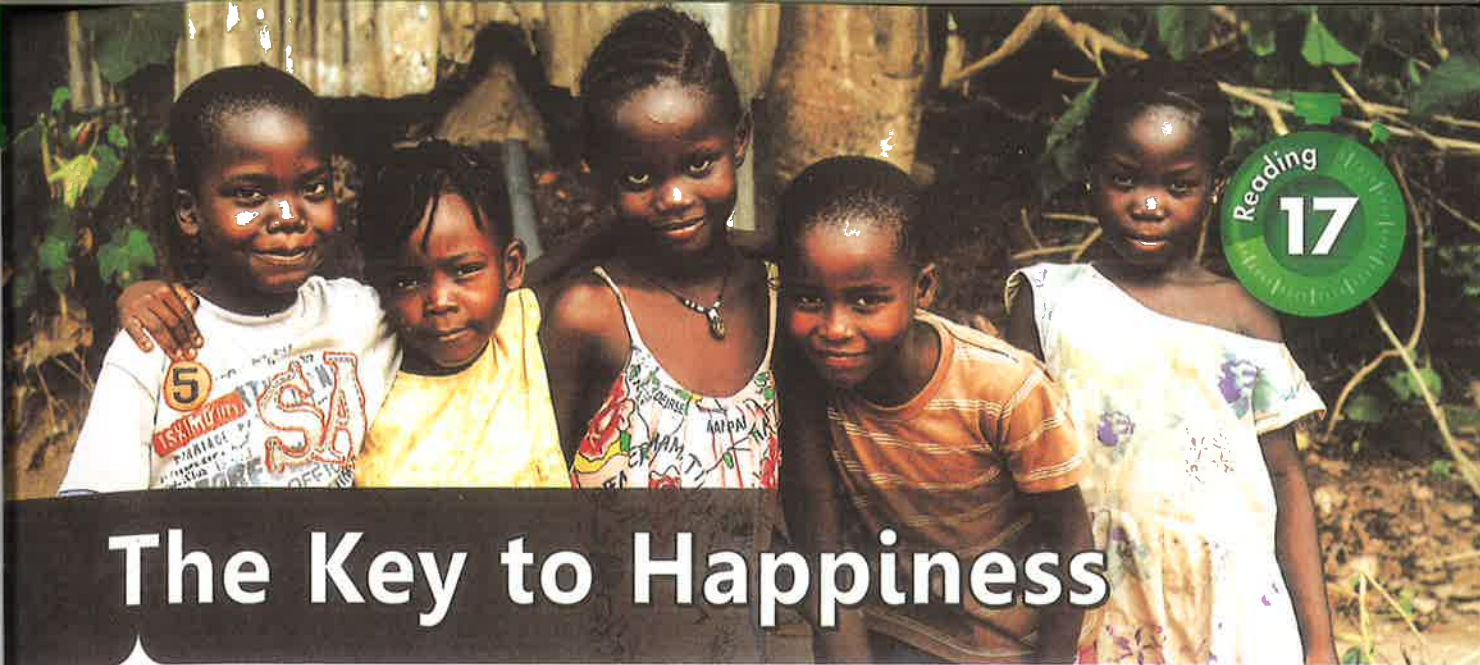
1. This reading is about
 - a. how men and women work together in teams.
 - b. how men and women think about things.
 - c. how men and women tend to remember things.
2. The writer says that women and men think in different ways
 - a. but both ways can help solve problems.
 - b. so it is better if teams have only men or only women.
 - c. and these differences often lead to problems.
3. Which of the following is NOT mentioned in the reading?
 - a. Women try to build relationships when they work on a team.
 - b. Both men and women share their feelings when solving problems.
 - c. Men's brains allow them to work on one job well and finish it.
4. When men talk about problems, they usually
 - a. give examples from their relationships.
 - b. talk about how the problem makes them feel.
 - c. want to just solve the problem.
5. When women work in teams, they usually
 - a. think more about how things are getting done.
 - b. give everyone a certain job so things get done.
 - c. try to remember how things were done in the past.



Extra Practice

Choose the right word.

Men's and women's 1. (brains / objects) do not seem to work the same way. In 2. (certain / general), women's brains tend to let them see and remember more things. Women also think in ways to 3. (connect / motivate) all parts of their lives. Men's brains 4. (allow / answer) them to just think about the work that they need to do. They think about their lives in different pieces. In teams, women tend to build 5. (relationships / sounds) while men tend to set goals for each person in order to finish work.



The Key to Happiness

Many people might think that if they had more money, then they would be happier in life. For instance, people might look at what others have, like expensive clothes or nice cars, and wish they could have the same. But the things that money can buy cannot bring happiness to a person for long.

5 But is that really true? Studies have found that money can, in fact, make people happier. But it's not having money that brings happiness. Instead, it is giving money to others that makes people happy. It could be buying a present for a friend or family member. It could be buying a homeless person food to eat. It could be giving money to a person in need. Just think about the last time you used your own
10 money to do something for someone else. How did you feel? Whether it is a small or large amount of money, people feel happier when they give. This is because making someone else happy makes the giver happy, too.

This idea of connecting your happiness to the happiness of others is described as *ubuntu* in an African language. There is even a story about a man visiting Africa
15 who asked some kids to race to a nearby tree. The first child to touch the tree would get a sweet treat. Surprisingly, all the children held hands and ran together. They all touched the tree at the same time. The man asked why they had done this. The children simply said they could only enjoy eating the treat if everyone had one.

20 Clearly, those children understood that the key to happiness is making others happy.



Word Count 275 words



Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. what makes people happy.
 - b. why people need to be happy.
 - c. how much money you need to be happy.
2. The writer says that buying things
 - a. is the key to happiness.
 - b. may lead to happiness for a short time.
 - c. can make people sad if they don't have enough.
3. *Ubuntu* is the idea connecting one's happiness to the happiness of others and is from
 - a. Africa.
 - b. Asia.
 - c. Australia.
4. Which of the following is NOT mentioned as a way to use money to help others?
 - a. Buying someone a meal
 - b. Giving money to others
 - c. Putting money in a bank
5. The writer says that the key to happiness is
 - a. making others happy.
 - b. becoming rich and famous.
 - c. buying new things.



Extra Practice

Choose the right answer for each question.

- | | | |
|---|---------------|---------------|
| 1. What do many people think will make them happy? | Brains | Money |
| 2. What can people do with money that will make them happy? | Give it | Make it |
| 3. How does someone feel after giving something? | Happy | Poor |
| 4. In the story, what did the children get after the race? | Money | A sweet treat |
| 5. How did the children run in the race? | Holding hands | In a wild way |



What Motivates Us

There are many things people do every day. For example, adults must go to work. Children must go to school and do homework. And everyone must help around the house. There are times when we do not want to do these things. So, it is important to understand what motivates us.

5 Some think money will motivate people. Others might think rewards are good. After all, people like money and rewards. However, these do not last. When the money or rewards go away, the motivation is gone, too.

What is a good way to motivate people? Giving people a purpose works well. A purpose is one's reason for doing things. An adult's purpose for working could be
10 because he or she believes the job is important. It could be because working helps his or her family. In the same way, a student might study hard at school because he or she wants to get a certain job. A person who cannot find a purpose for a certain job will not want to do it.

Second, people are motivated by feelings because feelings can be strong.

15 For example, love will motivate parents to do things for their children. Being afraid of not getting a good grade may motivate a student to study. Happiness will motivate people to continue doing things that make them happy. If a person feels strongly about a job, he or she will be motivated to do that job. A student who likes to learn or enjoys a
20 certain subject will be motivated to study hard.

If we can motivate ourselves through purpose and feelings, then our jobs will be more fun and interesting.



Word Count 275 words

Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. how people are motivated to do things.
 - b. how to motivate people to do what you want.
 - c. how money is the best motivation.
2. Which of the following is NOT a source of motivation mentioned in the reading?
 - a. Having a purpose
 - b. Making work easy
 - c. Worrying about bad results
3. The writer says that money is not a good motivation because
 - a. people will always ask for more money.
 - b. when the money is gone, the motivation also goes away.
 - c. people do not need very much money.
4. Which of the following is NOT mentioned as a feeling that motivates people?
 - a. Fear
 - b. Happiness
 - c. Surprise
5. If people work hard because they know their job is important, they are motivated by
 - a. reward.
 - b. emotion.
 - c. purpose.



Extra Practice

Choose the right word.

Adults and children both need 1. (grades / motivation) to do the work they need to do. One way to motivate people is with 2. (rewards / subjects). Another way to motivate people is to give them 3. (language / purpose) in their work. Feelings like love for others and 4. (differences / happiness) while working are also good motivations for people. People who have a clear purpose or the right feelings for a 5. (certain / worth) job will do better in the end.

I Believe It!

Do you think someone can tell you your future? Do you believe in ghosts? There are many strange things that people believe in. We know that people all over the world believed in the power to tell the future. The Greeks used to
5 visit special people to find out what would happen in the future. They believed they could change their lives if they knew what would happen. But even today, some people still believe this. They think that there are people who can tell them about their future. Other people believe in ghosts. They think that there are ghosts who stay in certain places or do certain things to scare
10 people.



Why do people believe in these kinds of things? It might have to do with how our brains work. We like to see patterns and meaning in the world around us. There are many patterns to see, too, like how the seasons change and how night follows day. We then try to see patterns of one thing following another in other things, too. When someone says
15 you will have a good day tomorrow, some people want to believe it. When nothing really bad happens the next day, some people may believe that the person was right.

Sometimes, we feel good by believing in strange things. Because believing makes us feel better about our lives, we do not think about the facts that go against that idea. Maybe that is why people will pay someone to tell them the future. For others, believing in
20 ghosts makes them feel better. They may think that ghosts show that our lives still go on after we die.



Word Count 275 words

Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. what causes us to believe strange things.
 - b. how people who can tell the future help us.
 - c. a funny story about ghosts and telling the future.
2. The writer talks about the Greeks to show that
 - a. telling the future has helped people for many years.
 - b. a belief in ghosts is normal and natural.
 - c. believing in strange things is not new.
3. Which of the following is NOT given as a reason why people believe strange things?
 - a. People who tell the future say things that are not special.
 - b. It makes people feel better about life.
 - c. People like seeing patterns in life and the world.
4. The writer says that some people believe in ghosts because
 - a. it helps them to make better decisions about their lives.
 - b. they think it means that our lives go on after death.
 - c. the belief allows them to visit women who tell the future.
5. According to the reading, people who want to believe in something sometimes
 - a. look for ghosts in places close to where they live.
 - b. spend day and night studying the change of seasons.
 - c. do not think about the facts that go against the belief.



Extra Practice

Choose the right answer for each question.

- | | | |
|---|--------------|-------------------|
| 1. What strange things do some people believe in? | Ghosts | Greeks |
| 2. What do ghosts in certain places do? | Make wishes | Scare people |
| 3. What is a pattern in nature that we can see? | Homework | The seasons |
| 4. Do people pay money to hear their future? | No | Yes |
| 5. What do ghosts mean for some people? | Tiny objects | Life after we die |

Pica

Sometimes we suddenly feel like eating a certain food. Maybe you want a piece of chocolate to go with your coffee or chips when you are watching a movie. But some people want things that are not even food. They want to eat dirt or paper. Some people even want to eat glass. While you and I might be able to say no to chocolate or chips, the wish to eat things that are not food is really strong for some people. Even though they know the item could hurt them, they cannot help but eat it. This is called pica.

A person is said to have pica if they want and eat non-foods for over one month. Young children often put things in their mouths and might eat them. This is because at their age, they are learning about the world. There are some places in the world where eating non-foods is a tradition. For example, in some areas of Africa, women eat a kind of dirt. That would not be called pica because it is a tradition.

Pica can cause problems for health. People might have to see a doctor to have non-food objects taken out, or they may be poisoned. If the thing a person eats contains something bad, it can cause problems for the brain. Eating dirt can make people sick because there may be small bugs in the dirt. Those bugs can live in the body and eat the food the person eats. In that way, the person is not getting anything that is good for them from the food. People who have pica should get help from their doctors.



Word Count 275 words



Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. an eating problem.
 - b. an interesting tradition.
 - c. an unusual food.
2. What would be an example of something a person with pica would eat?
 - a. Insects
 - b. Chips
 - c. Stones
3. Who would NOT be someone with pica?
 - a. An old woman who eats hair
 - b. A young man who eats clay
 - c. A one-year-old who eats dirt
4. Which is true about a person with pica?
 - a. The person has to be an adult who eats non-foods.
 - b. The person has to eat non-foods for over a month.
 - c. The person has to eat several types of non-foods.
5. According to the reading, what is a problem that can result from eating non-foods?
 - a. A person might need to see a doctor.
 - b. A person might be too full to eat healthy foods.
 - c. A person might be seen as strange by school friends.



Extra Practice

Choose the right word.

Some people want to eat 1. (certain / future) things that are not food. Instead of chips or chocolate, they want to eat dirt, paper, or glass! Even though they know the 2. (age / item) is not good for them, they want to eat it. This is called pica. People with this problem can be hurt or 3. (poisoned / scared) by the strange objects they eat. But sometimes people eat non-foods because of their 4. (culture / month) and traditions, not because they have pica. For 5. (instance / purpose), women in some areas of Africa eat dirt as a tradition.

Chapter 5

Culture

A Look at the pictures. Write the right words.

certainly
social

male
source

neat
suit

offer
therefore



1. A _____ custom in Turkey is to _____ guests or customers tea.



2. The man in the black _____ is _____ not poor.



3. This young _____ wants his hair to look messy, not _____.



4. The family's _____ of money is their farm; _____, they all work together on it.

B Match the meaning with the right word.

1. _____ also; too
2. _____ clothing worn over the upper and lower body
3. _____ for sure; without question
4. _____ in a clean or well-kept way
5. _____ the traditions or way of life for a group of people

- a. culture
- b. a suit
- c. in addition
- d. certainly
- e. neat

C Work with a classmate. Try to think of two examples for each topic below. Share your ideas with the class.

1. Kinds of meat sold in markets:
2. Traditions in an African culture:
3. Countries where elephants live:
4. Special kinds of tea or coffee:
5. Ways hippies are unlike other people:

D Fill in the blanks with words from the box to complete the puzzle.

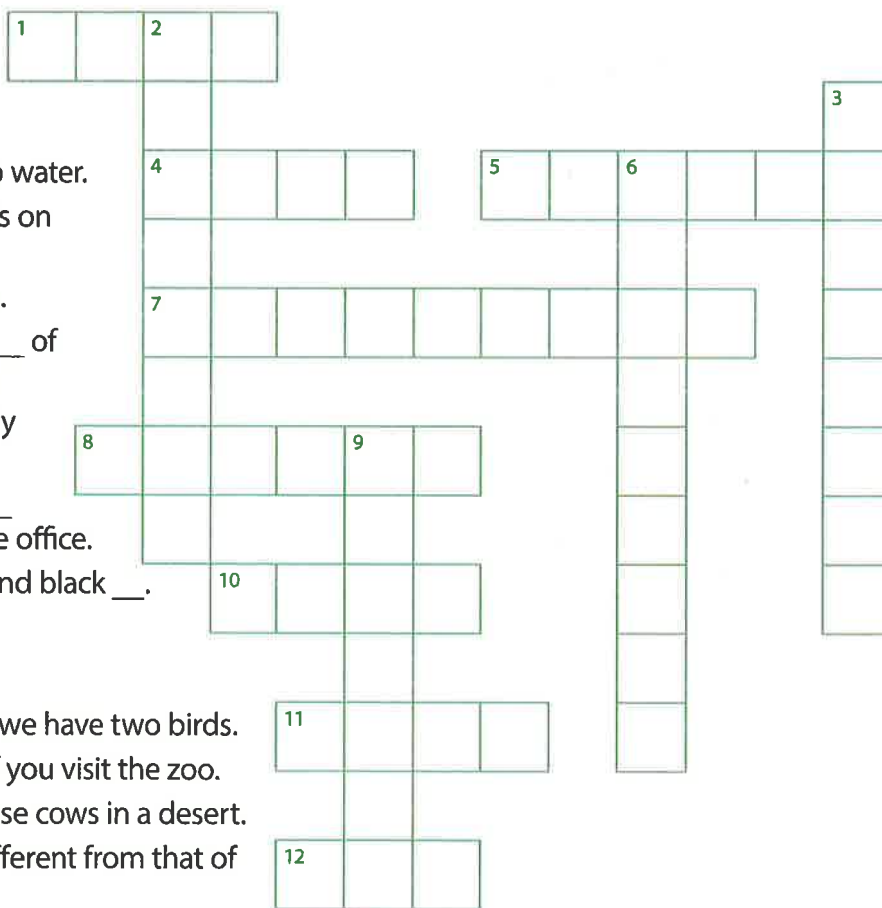
addition	certainly	culture	dive	elephant	male
neat	social	source	suit	tea	therefore

Across

1. The boy keeps his room ___ and clean.
4. You can ___ into deep water.
5. I connect with friends on ___ media.
7. I am hungry; ___, I eat.
8. Painting can be a(n) ___ of happiness for artists.
10. Most ___ birds are very colorful.
11. My aunt wears a(n) ___ when she goes to the office.
12. There is green, red, and black ___.

Down

2. We have a cat. In ___, we have two birds.
3. You can see a(n) ___ if you visit the zoo.
6. It is ___ not easy to raise cows in a desert.
9. The ___ of Japan is different from that of China.



Proper Nouns to Know

Study these words that you will find in the readings for this chapter.

America	Jeju	Kenya	Maasai	Tanzania	Thailand/Thai	UK
---------	------	-------	--------	----------	---------------	----



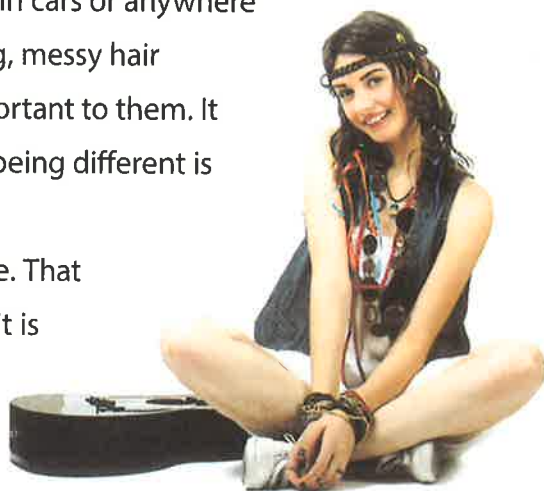
Sub-Cultures

In the world, there are many different types of cultures. A culture may be how people in a certain place live and act in social ways. Or a culture might have to do with music people listen to, or movies they watch, or the clothes they wear. Often, there is a smaller group of people in a certain culture who are different from others in that culture. In that case, the smaller group is known as a sub-culture.

Take, for example, the social culture in America in the 1960s. It was a time when most people lived according to certain social rules. They lived in houses, went to school, got jobs, and got married. They wore neat and clean clothing so that others would respect them. Then, in the mid-1960s, a sub-culture known as hippies suddenly appeared in America.

Hippies were very different from others in the culture. School was not so important to them. If they got a job, it was only for a short time. They usually needed money only for food and for travel. Money was not very important to them. They traveled because most of them did not live in houses. In fact, they slept in cars or anywhere they could. Hippies were not clean, and with their long, messy hair they certainly were not neat. But their looks were important to them. It marked them as different from the main culture. And being different is what makes a sub-culture.

Every type of culture is sure to have a sub-culture. That is because there will always be people who think that it is important to be different from the usual crowd.



Word Count 275 words

Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. where the word "hippie" comes from.
 - b. what makes a sub-culture.
 - c. American society today.
2. According to the reading, a sub-culture is
 - a. different from the main culture.
 - b. the same as the main culture.
 - c. a culture that makes the main culture better.
3. Which of the following is NOT true of American culture in the 1960s?
 - a. Most people were neat and clean.
 - b. Most people lived in houses.
 - c. Most people didn't get married.
4. The sub-culture that appeared in America in the 1960s was
 - a. the lost kids.
 - b. the hippies.
 - c. the foraging crowd.
5. According to the writer, cultures will continue to have sub-cultures because
 - a. everyone wants to be the same.
 - b. everyone likes sub-cultures.
 - c. some people want to be different.



Extra Practice

Choose the right answer for each question.

- | | | |
|--|-------------------|-----------------|
| 1. What is culture? | A way of learning | A way of living |
| 2. What do people that do not follow social rules belong to? | A sub-culture | School |
| 3. What was not important to the hippies? | Education | Food |
| 4. What did many hippies have? | Neat homes | Long hair |
| 5. What is important to people in a sub-culture? | To be different | To be the same |

Tea vs. Coffee Culture

Tea and coffee are two of the most popular drinks in the world. However, people usually like one more than the other. These drinks also have very different uses.

Tea drinking started in China and India over 4,000 years ago, around 2700 BC. Tea is made from a leaf. These days, some people drink tea for health, using it to help with sleep, stress, or losing weight. However, most people in tea-drinking countries see tea as more than just a healthy drink. In fact, tea drinking in countries such as Japan is a part of the culture. In Turkey, tea is always present when people meet. Whether in someone's home or a business, tea is always offered as a way of welcoming. In the UK, homes and offices usually have tea time. This is a time when tea and other dishes are served in the afternoon. It is a way of relaxing with friends or co-workers.

Coffee came much later than tea, at just over 1,000 years ago. Coffee is made from beans. Something in the coffee beans makes a person feel more energy. Most people do not drink coffee to relax. Instead, they drink coffee to get going. Many people drink coffee in the morning to help them wake up. Others will also drink coffee

during short breaks in the afternoon to keep going through the work day. Some people may visit coffee shops just to meet and talk with friends. However, many people at the coffee shop drink coffee while working on their computers.

Is tea or coffee more common in your country? Between the two, which do you like to drink more?



Word Count 275 words

Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. the health benefits of black tea over black coffee.
 - b. how coffee became more popular than tea in the US.
 - c. why people choose to drink tea or coffee.
2. The writer says that tea can help with
 - a. sleeping.
 - b. working.
 - c. walking.
3. The writer did NOT mention tea drinking in
 - a. Japan, Turkey, and England.
 - b. the US and Canada.
 - c. China and India.
4. The writer says coffee is made from
 - a. beans.
 - b. roots.
 - c. leaves.
5. Which of the following is NOT mentioned as a reason why people drink coffee?
 - a. To lose weight
 - b. To wake up
 - c. To prepare their minds for the day



Extra Practice

Choose the right word.

Tea and coffee are 1. (popular / sweet) drinks all around the world. Tea is made from a 2. (bug / leaf), while coffee is made from a bean. Tea is often seen as good for one's 3. (culture / health). For example, tea can help a person relax or lose 4. (money / weight). On the other hand, people drink coffee when they need more 5. (breaks / energy).

Elephants in Thailand

Elephants are one of the most popular animals to see at zoos. However, in Thailand, elephants are more than just popular. They are loved by the Thai people. In fact, the elephant was
5 on the old Thai flag. They are also found in art all over Thailand.

In the past, Thai elephants were used to do many things. Elephants are very strong animals. They can carry people as well as objects. So, they were used to go from one place to another. In fact, elephants can lift objects up to 700 kilograms. They can pull heavy
10 objects for long distances, too. Elephants were good for forest jobs such as pulling trees. A healthy elephant could work for 25 to 40 years. Therefore, elephants were an important part of Thailand's economy. Elephants are also smart animals. They can learn tricks and perform shows for people. One Thai king even had 20,000 elephants trained for fighting in the late 1600s.

15 Sadly, the number of elephants in Thailand has fallen far below what it once was. In the past, there were over 100,000 elephants in Thailand. Now, there are only about 2,700. Therefore, many groups want to protect the elephants. Most elephants do not work or perform shows anymore. Instead, people pay to see the elephants in their natural homes. They can wash the elephants in rivers. They can also feed them and
20 walk with them. Because of this, the elephants can live close to their normal lives. This means that they can grow in number and live longer and healthier lives.

If we protect the elephants, we can enjoy them for a long time in the future.



Word Count 275 words

Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. how important elephants are in Thailand.
 - b. how Thai elephants are different from other elephants.
 - c. how elephants in Thailand are trained.
2. The writer says that elephants are
 - a. one of the most loved animals in Thailand.
 - b. one of the least used animals in Thailand.
 - c. very important to Thailand's economy today.
3. Which of the following is NOT a way elephants were used for work in the reading?
 - a. Carrying people
 - b. Lifting heavy objects
 - c. Telling the future
4. The writer says the number of elephants in Thailand today
 - a. is lower than in the past.
 - b. is higher than in the past.
 - c. is the same as it was in the 1600s.
5. The writer says that today people enjoy
 - a. riding on elephants in Thai cities.
 - b. seeing elephants in their natural home.
 - c. watching shows with elephants in them.



Extra Practice

Choose the right answer for each question.

- | | | |
|--|------------------|----------------------|
| 1. Which animal is on the old Thai flag? | An elephant | A tiger |
| 2. For which job were elephants used? | Building houses | Moving heavy objects |
| 3. How are elephants described? | Smart | Clean |
| 4. What did Thai elephants do in the past? | Fight in battles | Make art |
| 5. Where are people most likely to see Thai elephants now? | In nature | In shows |



The Maasai People

Long ago, the Maasai people were famous across the middle of Africa as brave fighters. These days, they are known around the world, but not for being fighters.

The Maasai live in an area that covers the south part of Kenya and the north part of Tanzania. This area is near Africa's animal parks, which are visited by many tourists. That is how the Maasai became well known in the world. The Maasai wear bright red clothes, and they raise cows. Cows provide them food in the form of milk and meat. They also provide blood that the Maasai drink for health reasons.

The Maasai build their houses in a big circle. Around the houses is a wall of tree branches. This wall keeps their cows in and lions out. The Maasai women usually build the houses, while men build the walls. The men also protect their village, and boys take care of the cows. The Maasai don't stay in these villages all the time, though, because they move from place to place to find grass for their cows to eat.

These days, the leaders of Kenya and Tanzania are trying to get the Maasai to stop moving around. They want the Maasai to become farmers or workers. The cows, they say, are eating all the grass that supports the wild animals in the parks. Of course, the Maasai don't want to give up their cows, but some of them have started to change. They have become farmers or workers in the cities. Yet, a lot of Maasai still hold on to their proud way of life in a world that is changing around them.

Word Count 275 words



Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. a group of people in Africa who raise cows.
 - b. an African sub-culture who lives in the forest.
 - c. people who work on farms in one African country.
2. Why are the Maasai well known in the world?
 - a. Because they are taller than other people in Africa
 - b. Because they live a long time
 - c. Because they live near Africa's animal parks
3. Which of these is NOT true of the Maasai people?
 - a. They are farmers.
 - b. They move a lot.
 - c. They raise cows.
4. Who builds the house for a Maasai family?
 - a. The boys
 - b. The women
 - c. The men
5. Why are Maasai cows a problem for the animal parks?
 - a. They drink all the water.
 - b. They kill small trees.
 - c. They eat the grass.



Extra Practice

Choose the right word.

The Maasai people live in 1. (America / Africa) in an area near the wild animal parks. Their houses are built in a circle to form 2. (villages / farms). The Maasai 3. (buy / raise) cows which provide meat for the people to eat. The Maasai also drink the cow's milk and 4. (blood / flags). African leaders say that the Maasai cows are eating the 5. (meat / grass) needed for the wild animals, so some Maasai have found other ways to make a living.



Diving Women

On the South Korean island of Jeju, there is a special group of women known for their strength. In Korean, they are called *haenyeo*, or sea women. They are women divers who collect food from the sea to sell at markets.

Sea diving is difficult work and hard on the body. Many of the divers swim 30 meters deep and stay under water for up to 3 minutes at a time. Because they dive so deep, the pressure of the water causes pain to their bodies. Also, the water can be very cold in the winter. Before diving suits, these sea women wore cloth suits. These were not good for keeping the divers warm. Men could stay in the water for no longer than 30 minutes. This is why there are no male divers. Physically, the women were better able to be in the cold water and could dive for hours. Though the divers wear warmer diving suits now, all of the divers are still women.



Though the work is hard, most of these women are not young. In fact, almost all of the divers are over 50 years old. The oldest is in her 80s. She has been diving for more than 60 years! These women continue to dive because sea diving is the way they make money for their families. Sea women can earn up to \$5,000 a month. This is a good source of money to pay for housing, food, and education. However, the work is so hard that the women do not want their daughters to do it. So the tradition is dying out. There may be very few sea women in the near future.



Word Count 275 words

Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. why women are best for a certain job.
 - b. different types of ocean diving.
 - c. a job some Korean women have.
2. What do the diving women of Jeju collect from the sea?
 - a. Things that people don't want
 - b. Things to eat
 - c. Things to make jewelry with
3. The writer says that men do not have this job because
 - a. they prefer to farm.
 - b. they do not know how to swim.
 - c. the water is too cold for men.
4. The writer says that most of the diving women are
 - a. 20-30 years old.
 - b. 30-40 years old.
 - c. over 50 years old.
5. The number of these diving women is
 - a. becoming lower and lower.
 - b. hard for researchers to count.
 - c. growing year by year.



Extra Practice

Choose the right answer for each question.

1. What do sea women of Jeju do?
2. What type of suit did the sea women use to wear?
3. What are sea women known for?
4. Why does diving for seafood cause pain?
5. What is causing the tradition of sea women to die out?

Dive for food

Cloth

Beauty

Social pressure

The hard work

Clean beaches

Plastic

Strength

Water pressure

The little pay

Chapter

6

Money

A Which of the following are used as money or in place of money? Circle the words.

banknote

budget

electric bill

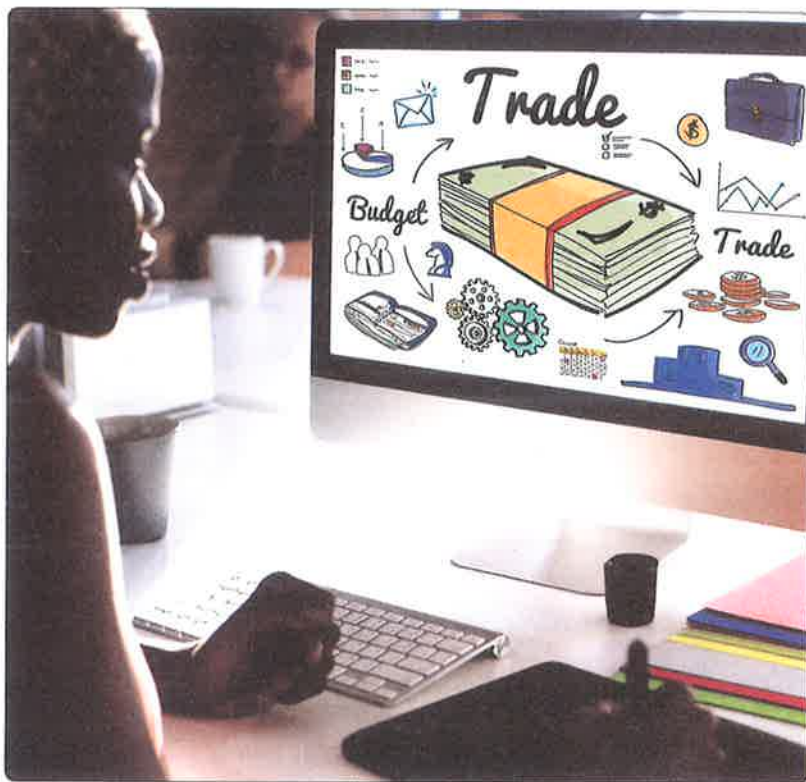
cash

dollar

gold

education

credit card



B Check (✓) the right answer.

- | | | |
|--|---|--|
| 1. What can you make to see how you spend money? | <input type="checkbox"/> A budget | <input type="checkbox"/> A credit card |
| 2. Who or what can print new money? | <input type="checkbox"/> Families | <input type="checkbox"/> The government |
| 3. What is true for something rare that people want? | <input type="checkbox"/> It is worthless. | <input type="checkbox"/> It is valuable. |
| 4. What does something become if you destroy it? | <input type="checkbox"/> Like gold | <input type="checkbox"/> Not available |
| 5. How would people who like cash want to be paid? | <input type="checkbox"/> In banknotes | <input type="checkbox"/> In gift cards |

C Work with a classmate. Ask your classmate the questions below and write his/her answers. Then share the answers with a different classmate.

1. Do you own anything made of gold? If so, what?
2. What items in your budget do you pay every month?
3. Do you know anyone who collects old, rare coins? If so, who?
4. What is one disadvantage to using cash all the time?
5. When do you think your country began printing banknotes?

D Find the words in the box to complete the puzzle. What is the secret word?

advantage

available

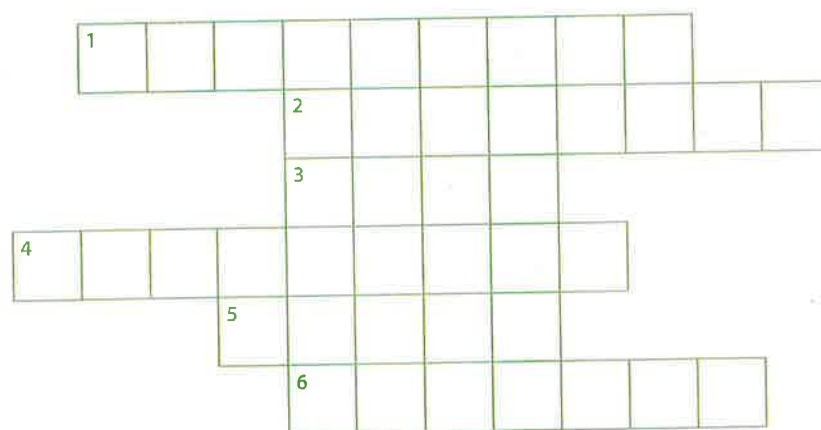
budget

destroy

gold

trade

valuable



➡ The secret word: _____

1. You can get it. It is ____.
2. It is worth a lot. It is ____.
3. Long ago, coins were made of ____.
4. A good thing for you is your ____.
5. I give something to get something else. I ____.
6. You can burn something to ____ it.

Proper Nouns to Know

Study these words that you will find in the readings for this chapter.

American

Australia

Scotland

Used Money

If you look through your money, you will probably notice that you have coins dating back several years. But your bills may not be very old. In the United States, a one-dollar bill, five-dollar bill, and ten-dollar bill can last about three and a half years. Twenty-dollar bills last about five years. A fifty-dollar bill can last over twelve years, but a hundred-dollar bill will only last about nine. The smaller bills don't last as long because they get used more. But what happens to paper money when it gets too old to use?

Every day, banks look at the money that they take in. The money that is no good anymore is sent to be destroyed. The banks have to be careful. They don't want the money to be stolen. The local banks use trucks that are made so people cannot steal from them. Once they receive the money, the central bank counts it and promises to give the local bank back the same amount with fresh banknotes.

The central bank must destroy the old money in a way that makes sure that no one can use it. It puts the paper banknotes through a machine which cuts the paper into such tiny pieces they couldn't possibly be put back together. Then the pieces are thrown out, burnt, or used in some useful way. You might have old cut-up banknotes in the walls of your house, helping to keep the heat in!

About once a year, the central bank checks to see how much money it has collected from banks. It prints new money and sends it to the banks, dollar for dollar.



Word Count 275 words

Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. how more and more money is made.
 - b. what happens to money that is too old.
 - c. who decides how much money to print.
2. Which bills last the longest?
 - a. Bills for large amounts
 - b. Bills for small amounts
 - c. They are all the same.
3. How is money sent to the central bank?
 - a. With police officers
 - b. Through the mail
 - c. In special trucks
4. Why does the central bank cut up the money?
 - a. So it can be used again
 - b. So it cannot be used again
 - c. So banks have to buy more banknotes
5. Why did the writer mention the walls of houses in the reading?
 - a. To show how some old money is used
 - b. To explain how much money people waste on their homes
 - c. To suggest that people might hide money there



Extra Practice

Choose the right word.

1. (Coins / Banknotes) tend to last a long time, but bills do not. Local banks send old bills to the central bank to be 2. (printed / destroyed). A machine cuts the old bills into 3. (big / tiny) pieces. Then the central bank prints new money and sends the 4. (fresh / stolen) bills back to the local banks. The 5. (promise / amount) of bills sent back to the local bank is the same as the local bank sent.

8	96666	Firm Research	3-Comm	1	10,434	532	12	569	13,909	1,361	207	119
9	96643	Market Research Total	3-Comm	1	10,434	532	12	569	13,909	1,361	207	119
10	17695	Promotions	3-Comm	0	-	1,243	12,416	16,505	12,009	143	500	346
11	94015	Branding	3-Comm	0	-	19,330	15,000	15,890	120	101	670	1,703
12	75321	Web Advertising	3-Comm	4	12,662	15,333	155	200	500	483	1,836	24,700
13	95235	Direct Marketing	3-Comm	0	19,300	150	100	200	746	2,071	1,836	24,700
14	32564	Newspaper Advertising	3-Comm	0	200	500	398	235	13,375	12,357	20,775	-
15	68505	Communication Total	4-Other	0	480	153	15,611	16,535	16,392	634	264	133
16	06342	Travel	4-Other	2	653	16,136	10,674	13,095	374	247	346	546
17	89063	Phone	4-Other	0	20,583	13,565	154	519	1,850	1,681	29,329	20,500
18	07421	Computer/Office Equipment	4-Other	2	12,634	347	176	60	23	13,652	1,900	4,600
19	93012	Postage	4-Other	0	345	434	189	18	18,639	1,285	4,221	3,674
20	24601	Other Total	1-Personal	0	331	3,300	11,193	15,657	1,300	1,000	1,000	1,000
21	35151	Benefits	1-Personal	1	0	12,900	16,648	5,000	1,500	1,000	1,000	1,000
22	10460	Payroll taxes	1-Personal	1	0	6,000	3,300	3,000	2,100	900	900	900
23	35246	Salaries	1-Personal	2	2,000	0,430	0	0	0	0	0	0
24	76745	Commissions and bonuses	2-Marketing	1	0	0	0	0	0	0	0	0
25	76023	Personal Total										
26	23674	Web Research										
27	14676	Independent Research										
28	10567											



The Family Budget

Recent research found that two-thirds of Americans do not have a budget. Most people just live from one month to the next without planning for the future. For a family, though, a budget can help stop spending problems and help them to prepare for the future.



Some people might not need a budget. But families really should think about having one. A budget can help a family plan how to spend their money in a good way. Without a spending plan, families can easily get into money trouble. They might spend too much money on unimportant things. That can cause them to not have enough money for important things, like paying for the house or an electric bill. If a family has a budget, then they will know how much they can spend on other less important things.

But a family budget should not only be a plan for monthly costs. It should also help a family plan for the future. Children will grow up and need money for education. The family will take vacations. The husband and wife will want to stop working when they are old. All of these things will take a lot of money. A good family budget will have a savings plan to help meet those needs in the future.

Many families don't have a budget because they don't know how to make one. But with the internet, it is now easier than ever to start a budget. Several places on the internet have free budget planning. Today, there is no reason not to have a budget. Family budgets can help a family have a better life in the future.



Word Count 275 words

Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. how a budget can help a family.
 - b. how to make a family budget.
 - c. how different families make budgets.
2. According to the reading, most people
 - a. have a budget.
 - b. are planning for the future.
 - c. don't have a budget.
3. If a family does not have a budget, they might
 - a. have money trouble.
 - b. only buy important things.
 - c. save money in the bank.
4. Which of the following is NOT true about family budgets?
 - a. They can help stop spending problems.
 - b. They can be used to plan for the future.
 - c. They are very hard to make.
5. These days, every family can have a budget because
 - a. computer programs to make budgets are very cheap.
 - b. the internet has places that will help plan a budget for free.
 - c. families can take free classes in how to make a budget.



Score _____

Extra Practice

Choose the right answer for each question.

- | | | |
|---|-----------------|------------------|
| 1. What does a budget help plan for? | The future | Math classes |
| 2. What might people without budgets do? | Spend too much | Spend too little |
| 3. What is an example of a monthly cost? | Trips | Electric bills |
| 4. How can a person stop working when they are old? | Burn money | Save money |
| 5. Where can one learn how to prepare a budget? | On the internet | On vacation |

Credit Cards vs. Cash

Money is how we pay for things that we need. However, it comes in different forms, of which cash and credit cards are the most popular types. Cash comes in the form of banknotes and coins. A credit card is a card usually given by a bank to buy things. In this way, it is borrowing money from the bank by buying now and paying later. So, which way of buying things is better?

The biggest advantage for using cash is that we can see the cash actually leaving our hands. It is much harder to hand over hard-earned cash than to use a credit card. So people think twice about what they buy. Another advantage to using cash is that a person cannot spend money that is not available. This stops a person from spending more than what he or she has. However, one disadvantage to using cash is that if it is stolen, it is usually gone.

On the other hand, a credit card makes buying things easy. With a credit card, a person does not need to keep track of bills and coins. In addition, using a credit card can be safer than using cash. If a credit card is lost or stolen, that card can be frozen. Then the person can get a new card. Banks also usually give rewards for using a credit card. However, it is easier to spend more with a credit card. It can also be easier for a person to lose money if he or she does not pay back the bank on time.

In the end, both cash and credit cards have their advantages and disadvantages.



Word Count 275 words

Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. how to pay for things.
 - b. how types of money are made.
 - c. how to change foreign money.
2. According to the reading, banknotes and coins are described as
 - a. budgets.
 - b. credit cards.
 - c. cash.
3. The writer says that people who only use cash
 - a. tend to visit the bank more often.
 - b. do not spend money that they do not have.
 - c. are rich when they become older.
4. Which of the following is NOT an advantage to paying for things with a credit card?
 - a. Stolen cards can be replaced.
 - b. It is harder to spend more.
 - c. Banks usually give rewards.
5. In the end, the writer thinks that the best way to pay for things is
 - a. cash.
 - b. credit.
 - c. up to each person's choice.



Extra Practice

Choose the right word.

Cash and credit cards are the most 1. (interesting / popular) ways to buy things. With cash, a person can generally only spend what is 2. (available / borrowed). The 3. (advantage / disadvantage) of this is that you do not spend more than you have. On the other hand, you do not need to 4. (hand over / keep track of) bills or coins with a credit card, and banks can give the person a new card if a card is stolen. Whether you prefer cash or a credit card, it is wise to spend only what you have 5. (borrowed / earned).

The Gold Standard

Long ago, people did not use money. Instead, people traded one thing for another thing. A chicken, for example, was traded for something else that had value. But value was the problem. One chicken did not have the value of one cow. The world needed something that would have the same value everywhere. That something was gold.

At first, gold was used for trade. To be used for trade, the gold had to be checked to see if it was real gold. It was a lot of trouble. Then, around 700 BC, gold was made into coins. It became a lot easier to buy things with coins that could be counted. It was not until the 1700s that the first paper money was made.

Paper money brought a new problem, though. If a country printed a lot of money, the money would lose its value. Paper money needed to be tied to something of value. Again, that thing was gold. In 1821, England introduced the gold standard. That meant that paper money was supported by gold. Paper money could be traded for gold in an equal value. That way, paper money would keep its value. Most large countries followed England in using the gold standard.

After World War I, the world economy was not good. Also, new gold was not being found fast enough. Countries based on the gold standard had economic problems. Soon, countries stopped using the gold standard. They began to base their money on the value of the British pound or US dollar.

The gold standard worked fine in its time. But times change, and the gold standard is now just history.

Word Count 275 words



Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. how coins are made.
 - b. the history of money.
 - c. trade between countries.
2. Before money was made
 - a. people traded one thing for another.
 - b. one cow could buy ten chickens.
 - c. gold had no value.
3. Which of the following is NOT true about gold?
 - a. People traded gold before coins were made.
 - b. The gold standard came before paper money.
 - c. Gold was made into coins around 700 BC.
4. In the gold standard, paper money
 - a. had no value.
 - b. was used only by the government.
 - c. was backed by gold.
5. After World War I, the gold standard
 - a. was used only by the US.
 - b. did not work so well.
 - c. made many people rich.



Extra Practice

Choose the right answer for each question.

- | | | |
|--|-----------------|-----------------|
| 1. What did people do before there was money? | Steal | Trade |
| 2. What is the trouble with trading? | Valuing goods | Using animals |
| 3. Which is easier to count? | Gold | Coins |
| 4. What happens when too much money is printed? | Value decreases | Value increases |
| 5. Which country was the first to use the gold standard? | China | England |

Valuable Money

Usually money is worth the value that it is given. For instance, one cent is usually worth one cent. One cent cannot usually buy something that is \$10. One dollar is worth \$1. It cannot buy something that is worth \$100. Each coin and bill is given a value of what it is worth. But sometimes, money can be worth more than the value it is given. How can this be? When a coin or bill is very old or rare, it can be worth more than its value.

The first American cent was made in 1792. It was actually never used. Instead, a different design for the penny was made for use in the US. That is why not many of those first cents exist today. In 2015, a man paid 2.5 million dollars to buy one of those rare first cents!

A rare banknote is the American \$1,000 bill. You may not have even known that they existed. They were made in 1918, and only about 150 of these banknotes exist today. Though they are not worth millions like the first cents, each banknote is still valued at about \$7,000.

In Australia, the first official banknote is valued at \$226,000. In 1817, Australia printed one hundred of those notes on the first day of printing money. None of those notes were thought to exist today. However, in 2005, one was found in Scotland. It is thought to be the only one left in the world, which makes it very rare.

Save up any special coins and bills you may come across. If you are lucky, they may be worth a lot one day.



Word Count 275 words

Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. money used by different countries.
 - b. money that is worth a lot.
 - c. money that is printed in large amounts.
2. The writer says that money can be worth more if it is
 - a. new.
 - b. dirty.
 - c. rare.
3. Which of the following is NOT money that is worth a lot?
 - a. The American \$1,000 banknote
 - b. The American one-dollar coin
 - c. The first Australian banknote
4. The writer says that a rare US penny
 - a. was used until the 1920s in America.
 - b. was sold for \$2.5 million in 2015.
 - c. was made out of silver by mistake.
5. Where was one of the original Australian banknotes found?
 - a. In New Zealand
 - b. In an Australian bank
 - c. In Scotland



Extra Practice

Circle the right word.

Most money is 1. (worth / bought) the value given to it. For example, a penny's value is one 2. (coin / cent). However, some money is worth more. The first US penny ever 3. (sold / designed) is worth millions. It is hard to find such special coins or 4. (budgets / banknotes) because not many of them exist in the world today. That makes them 5. (value / rare) and worth lots of money!

A Look at the pictures. Circle the right words.



1. This Chinese actress will play the (role / whale) of Mulan on the stage.



2. Many animated movies are made with (brave / digital) technology these days.



3. The woman is educating a group of young (laws / ballerinas) in a ballet school.



4. In the past, music was recorded on discs that were about the size of dinner (buckets / plates).

B Put a check (✓) next to the right answer.

- | | | |
|--|---|---|
| 1. Who is probably known by more people? | <input type="checkbox"/> A famous ballerina | <input type="checkbox"/> A famous singer |
| 2. Which holds more water? | <input type="checkbox"/> A plate | <input type="checkbox"/> A bucket |
| 3. What takes more wealth to do? | <input type="checkbox"/> Flying first class | <input type="checkbox"/> Eating fast food |
| 4. Which causes more people to die? | <input type="checkbox"/> Cancer | <input type="checkbox"/> Shark bites |
| 5. Which animal weighs more? | <input type="checkbox"/> A whale | <input type="checkbox"/> A frog |

C Work with a group of classmates. Try to write one example for each topic. Then share your ideas with the class.

- | | |
|---|-------|
| 1. A ballet that was made into an animated movie: | _____ |
| 2. An exciting but dangerous thing to do for fun: | _____ |
| 3. A writer who earns a lot of money: | _____ |
| 4. A person who worked hard and became famous: | _____ |
| 5. A law that many people break without having to go to jail: | _____ |

D Fill in the blanks with words from the box to make common phrases.

ballet	bucket	cancer	digital
plate	role	wealth	whale

- | | |
|----------------------------|-----------------------------|
| 1. a _____ dancer | 5. a man of _____ and power |
| 2. a paper _____ | 6. an actor's _____ |
| 3. medicine to fight _____ | 7. a killer _____ (an orca) |
| 4. _____ music | 8. a _____ list |

Proper Nouns to Know

Study these words that you will find in the readings for this chapter.

Anna Pavlova	Asian	Asian-American	Britain
Chinese	Disney	Egypt	India/Indian
Margot Fonteyn	Mary Kom	Mulan	Rudolf Nureyev
Russian	Sea World	Shakespeare	



Music in the Digital Age

Not long ago, the music business was doing great. Record companies made a lot of money. For every record sold, the musician was paid a small amount. If a record was popular, the musician could make a lot of money. And the record company made even more. But then computers and the internet arrived. That changed everything.

5 Before computers came along, music was recorded on a record the size of a dinner plate. Now, with digital recordings, songs can be found on the internet and moved onto computers easily. And that is both bad and good.

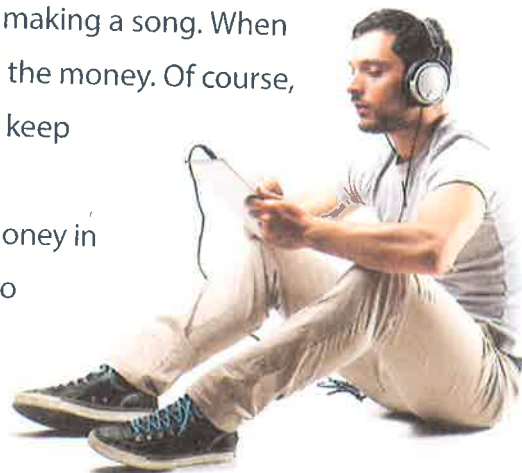
The bad thing about digital music is that it is easy to share with others. That means record companies and musicians don't get any money. Of course, it is against the law to
10 share music like this. But many people still do it. To get people to pay for digital music, record companies sell it through internet music companies. But record companies and musicians don't make nearly as much money this way.

The good news about digital music is that anybody can sell music through the internet. In the past, a musician had to work with a record company. And
15 money they received was only a small part of the cost of making a song. When musicians sell their music themselves, they get almost all the money. Of course, the record company makes no money this way. Still, they keep looking for new musicians to make money for them.

Musicians and recording companies can still make money in
20 the digital age. But to do that, they will have to learn how to make the internet work well for them.



Word Count 275 words



Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. how digital music is recorded.
 - b. how musicians work with record companies.
 - c. how digital music changed the music business.
2. According to the reading, for every record sold in the past, only a small amount went to
 - a. the musician or singer.
 - b. the record company.
 - c. the internet.
3. The bad thing about digital music and the internet is that
 - a. it costs too much money.
 - b. record companies and musicians lose money.
 - c. the sound of the music is not good.
4. Which of the following is NOT true about the music business?
 - a. Musicians work for record companies even today.
 - b. The record company gets most of the money for a record sale.
 - c. All musicians have to work for a record company.
5. When someone sells their own music through the internet, they get
 - a. only a little of the money.
 - b. almost all of the money.
 - c. no money at all.



Extra Practice

Choose the right answer for each question.

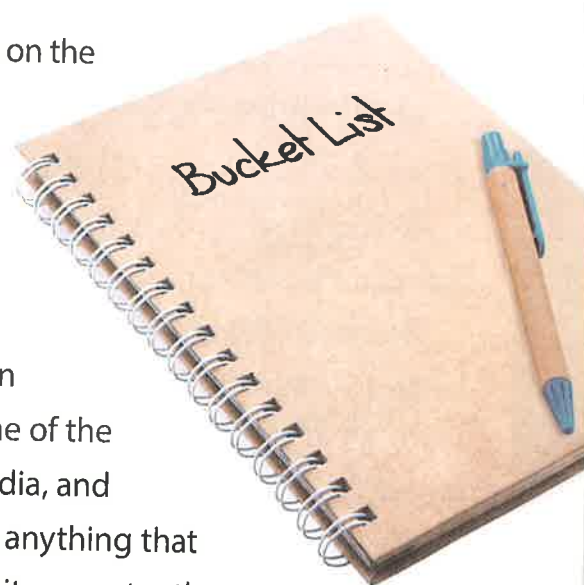
- | | | |
|---|--------------------|------------------|
| 1. What was music first recorded on? | Plates | Records |
| 2. Who made the most money selling records? | Record companies | Musicians |
| 3. What allowed the change in how music is sold and shared? | The internet | Newspapers |
| 4. What must musicians do to receive money? | Visit music stores | Sell their music |
| 5. What describes sharing music without paying for it? | Against the law | By credit card |

The Bucket List

The Bucket List, a movie made in 2007, was based on the popular idea of bucket lists. The movie is about two men who meet in the hospital. Both have cancer and don't know how long they have left to live. So, the two men run away from the hospital to go on a trip around the world to complete their bucket list.

A bucket list is a wish list of things that a person wants to do before he or she dies. In the movie, some of the things that the two men do are go skydiving, visit India, and go into the jungle in Africa. A bucket list can include anything that a person wishes to do. For instance, it could be to visit a country that you have never been to. It could be to visit a famous place in a foreign land, such as the Great Wall of China. It could be to do something to show how brave you can be, like swimming with sharks. It could also be something expensive such as eating at a famous restaurant or flying first class. It could be to learn something like how to dance or speak a new language. It may just be something that you have always dreamed of doing, such as being in a movie or writing a book.

These days, people create bucket lists for different times in their lives. Some people create a bucket list to complete before they graduate. Others may create a bucket list to complete before they turn a certain age. If you made a bucket list, what are some things that you would include?



Word Count 275 words

Comprehension Questions

Circle the right answer.

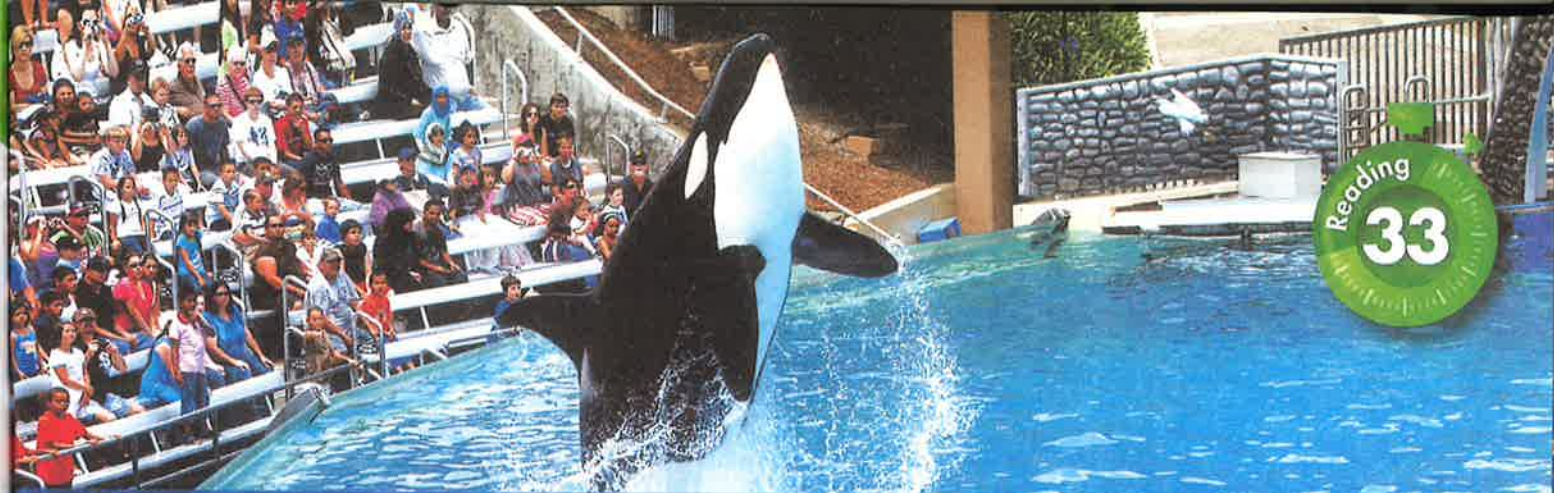
1. This reading is about
 - a. how to fight cancer.
 - b. having a happy life.
 - c. a wish list of things to do.
2. Which of the following would NOT be on a bucket list?
 - a. Learning a foreign language
 - b. Visiting a famous place
 - c. Cleaning the bathroom
3. The writer says that the two men in *The Bucket List* run away from
 - a. home.
 - b. the hospital.
 - c. work.
4. The writer says that the two men in *The Bucket List*
 - a. win a lot of money.
 - b. find their families.
 - c. go on a trip around the world.
5. Which of the following would NOT be a time to make a bucket list?
 - a. Before a person dies
 - b. Before a person is born
 - c. Before a person turns a certain age



Extra Practice

Choose the right word.

People all have 1. (times / dreams) or wishes of things they would like to do. Have you ever wanted to swim with 2. (jungles / sharks)? Or have you ever wanted to eat at an 3. (expensive / internet) restaurant? Maybe you hope to learn a foreign 4. (country / language) before you graduate. Don't keep dreaming! 5. (Create / Include) a bucket list of your own and try to do what is on it.



Animals in Zoos and Shows

Most people love animals. Many children's books and TV shows use animals as the main characters. Probably many people who you know care for animals as pets. The love for animals may be why both children and adults enjoy going to zoos and animal shows.

In the past, zoos were usually started by rich rulers. The first zoo was started by a queen in Egypt in 1500 BC. She collected the animals from Africa. Collecting animals was a way for a ruler to show off his or her wealth and power. Animal shows started much later in the 1800s. Sadly, the animals in the early zoos and animal shows were not treated well. Often they were not given much food to eat. Sometimes they were hit.

These days, zoos are still for entertainment, but they also try to protect animals and teach people as well. In addition, both zoos and animal shows must follow rules. People must provide animals with a clean place to live, food and water, and health care. In this way, the rules help protect the animals.

Some people think the rules are not enough. They want to do more to protect the animals they love. For example, people were against the use of killer whales in shows at Sea World. Many people thought the big killer whales did not have enough space in the park's small pools. They also thought that the animals were treated badly. With so many people against them, Sea World decided to end all killer whale shows.

When people try to protect animals while enjoying them at the same time, the animals and people can both benefit.



Word Count 275 words



Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. animals used for entertainment.
 - b. wild animals and their homes.
 - c. pets that are easy to take care of.
2. The writer says that the first zoo was started by a queen
 - a. in England in the 1800s.
 - b. after people started becoming rich.
 - c. a long time ago in Egypt.
3. The writer says that in the past, people wanted to collect animals
 - a. to show off their wealth and power.
 - b. to make money and entertain people.
 - c. to educate people about animals.
4. The writer says that to use animals, zoos and animal shows must now
 - a. pay governments lots of money.
 - b. keep fewer animals than before.
 - c. follow certain rules.
5. Which of the following is a reason people wanted to end the killer whale shows at Sea World?
 - a. People believed that the whales did not have enough space to swim.
 - b. People believed that the whales were making people sick.
 - c. People believed that the whales were not given food.

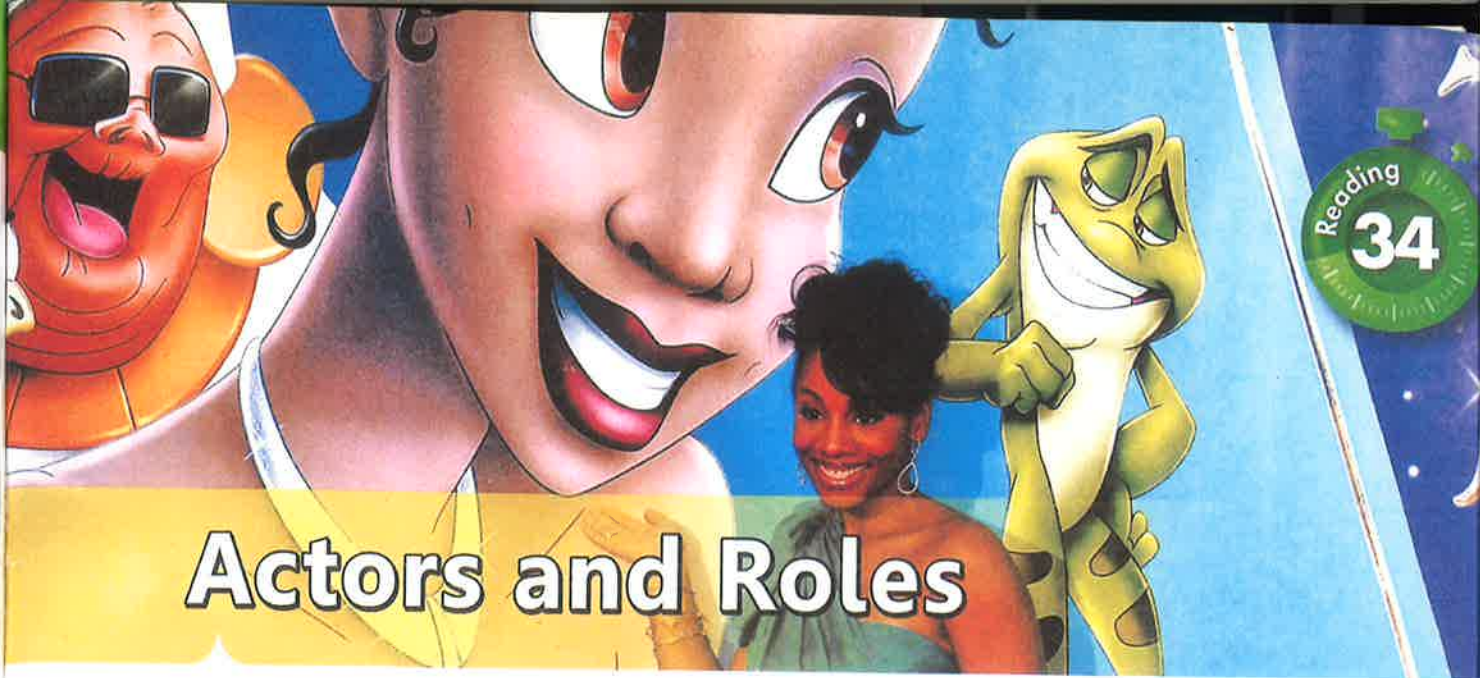


Score _____

Extra Practice

Choose the right answer for each question.

- | | | |
|---|----------------|---------------|
| 1. Where can you find many animals? | Deserts | Zoos |
| 2. In the past, who started zoos? | Wealthy people | Animal lovers |
| 3. What do animals need? | Health care | Clothes |
| 4. Which kind of show did Sea World stop? | Shark shows | Whale shows |
| 5. What can people do to help animals? | Protect them | Collect them |



Actors and Roles

When watching a movie or play, people expect the actors to be like the character that they play. For example, if a character is a woman, we expect an actress to play the role for this part. If a character is Asian, one would expect an Asian actor or actress to play the role, right? Wrong.

5 Until recently, it was not seen as important for the actor to match the character that he or she played. For example, think about the roles in Shakespeare's plays. All of his famous plays included women characters. But all of the actors in Shakespeare's day were men or boys. It was 44 years after Shakespeare's death before a woman acted in one of his plays.

10 In addition, many roles in movies have not been given to actors who look like the character. For example, the movie *Mary Kom* is about a famous fighter from a small town. The one chosen to play Mary Kom was a famous Indian actress. But she did not look anything like the real Mary Kom.

However, in 1998, Disney chose an Asian-American to play the
15 role of Mulan, a Chinese soldier. Then some years later in the movie *The Princess and the Frog*, a black actress was chosen for the voice of the main character. This was an important change in the entertainment industry.

There are many different cultures and races in the world. Movies need to show this and use actors that match their characters. People of different
20 cultures can also have a different view of the world. This is something extra that actors are able to add to the characters they play.

Word Count 275 words



Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. using actors that match their characters.
 - b. actors learning about their characters.
 - c. working with famous actors.
2. The writer says that
 - a. women didn't know how to act during Shakespeare's time.
 - b. women actors were not in Shakespeare's plays during his time.
 - c. Shakespeare thought women could not act well.
3. Which of the following is NOT mentioned about culture?
 - a. Culture changes how a movie is written.
 - b. Culture plays a part in a person's view of the world.
 - c. Culture can help an actor do better in a role.
4. Which movie does the writer mention in the reading?
 - a. *Shakespeare in Love*
 - b. *Mary Poppins*
 - c. *Mulan*
5. The writer thinks that movies should show
 - a. different kinds of people in the world.
 - b. the beauty in the world.
 - c. famous actors in all roles.



Extra Practice

Choose the right word.

Movie companies used to choose 1. (famous / main) actors to play important 2. (adults / roles) in movies. Back then, the way a person 3. (appeared / talked) was not important to the character. However, things are changing now. Disney started to choose 4. (soldiers / actors) and actresses that match their movies' characters. People are realizing that the 5. (language / culture) of an actor can add something important to a movie character.

Famous Ballet Dancers

Though ballet classes are popular with young girls, few will do ballet as adults. After all, ballet is difficult to do well. Not only must you begin training at a very young age, but it is very hard to get a job. Only the best of the best are chosen to be the number one dancer. The number one dancer is the one who dances the lead roles. In addition, there are only a handful of ballet dancers that are known throughout the world.

Anna Pavlova was one of the greatest ballet dancers. However, few thought she would do well as a ballerina. Her body did not look like a ballerina. In fact, she was turned down by one ballet school at nine years old because she looked sick. In addition, ballet did not come to her naturally. Still, she kept trying and trained harder. Her hard work paid off. In 1899, she joined a ballet company and became the number one dancer after only six years. Later, she started her own company. With this company, she became the first ballerina to take her dancing around the world.

Ballet's most famous dancers are not just women. Rudolf Nureyev was a famous Russian male dancer. His dancing included artistic expression as well. This was something new for male dancers. Nureyev often danced with the great Margot Fonteyn, an English ballerina. They became the most famous couple in ballet. Even today, Margot Fonteyn is still famous among Britain's greatest ballerinas. Together, Rudolf Nureyev and Margot Fonteyn were ballet's power couple.

These famous ballet dancers have passed on. However, they will always be remembered by the whole ballet world.



Word Count 275 words

Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. what it takes to be a ballet dancer.
 - b. some of the world's best ballet dancers.
 - c. the training needed to be a great dancer.
2. The number one dancer is the one who
 - a. directs all of the ballet dancers.
 - b. creates the dances.
 - c. dances the lead role.
3. Anna Pavlova was the first ballerina to
 - a. start her own company.
 - b. perform around the world.
 - c. dance with Rudolf Nureyev.
4. Margot Fonteyn was
 - a. a very powerful ballet dancer.
 - b. a ballet critic who wrote about Anna Pavlova.
 - c. one of England's greatest ballerinas.
5. What was something new that Rudolf Nureyev did?
 - a. He used artistic expression while performing.
 - b. He performed in a ballet with only male dancers.
 - c. He danced in a show without any music.



Score _____

Extra Practice

Choose the right answer for each question.

- | | | |
|---|---------------------|-----------------|
| 1. With which group is ballet more popular? | Boys | Girls |
| 2. Why do few girls continue ballet as adults? | No male dancers | Not many jobs |
| 3. Who was turned down by a ballet school as a child? | Fonteyn | Pavlova |
| 4. What is Rudolf Nureyev known to have danced with? | Artistic expression | Many animals |
| 5. How are Rudolf Nureyev and Margot Fonteyn described? | As a power couple | As great actors |

A Write the phrases under the right pictures.

hold a passport make a declaration electric current fight for independence
celebrate together electrical lines power generator lights on a gypsy wagon

Electricity and Power



1. _____



2. _____



3. _____



4. _____

People



5. _____



6. _____



7. _____

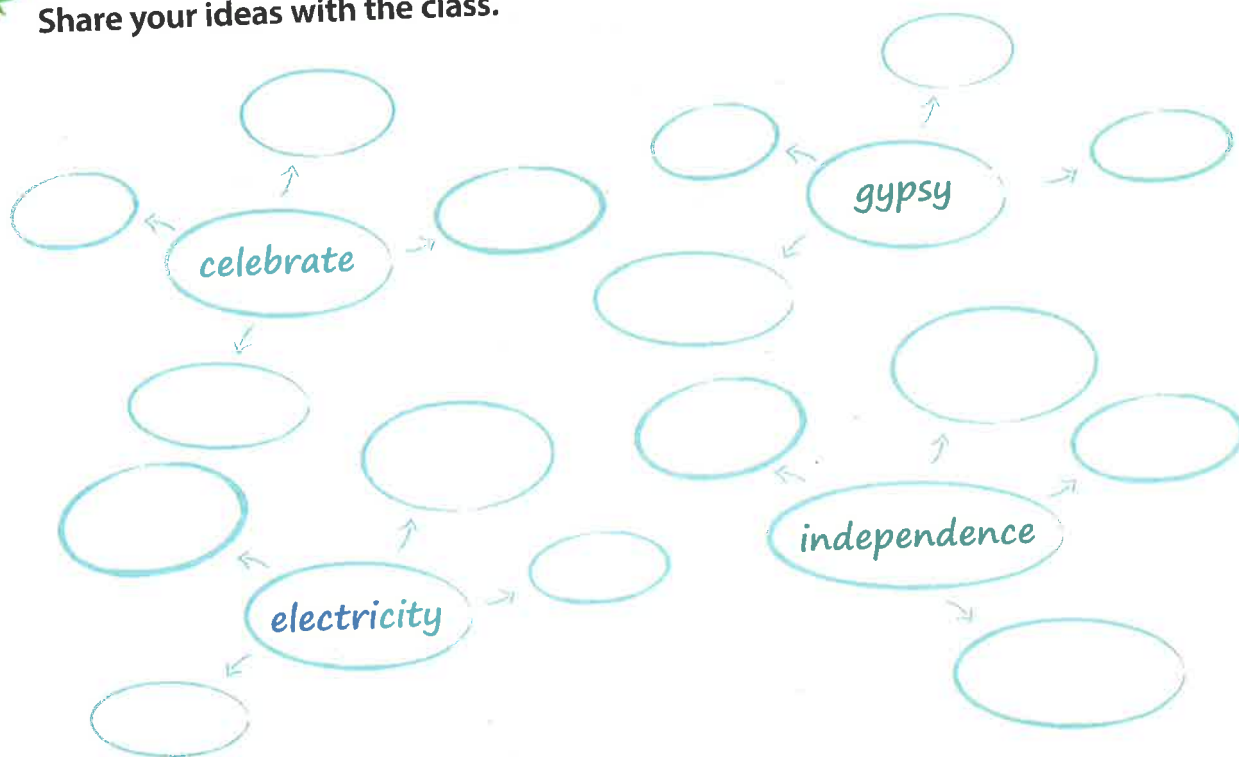


8. _____

B Draw lines to make correct sentences.

- | | | | | |
|------------------------------|---|----------------------------|---|--------------------------|
| 1. A birth certificate tells | • | a passport in order | • | • can hold in one hand. |
| 2. Every year, the country | • | celebrates its declaration | • | • of a child's birth. |
| 3. The gypsies travel | • | like a small cake that you | • | • to power their things. |
| 4. You need to get | • | the date and place | • | • of independence. |
| 5. A cupcake is | • | with an electric generator | • | • to travel to Europe. |

- C** Work with a classmate. Brainstorm words or ideas related to each of the following. Share your ideas with the class.



- D** Put the words and phrases in the right boxes.

team guide
homeland

certificate
passport

generator
declaration

gypsy
AC (alternating current)

related to people or places	related to machines	related to written documents

Proper Nouns to Know

Study these words that you will find in the readings for this chapter.

Croatia	Edmund Hillary	Golda Meir	Goldie Mabovitch
Israel	Kiev	Mount Everest	Nepal
Nikola Tesla	Palestine	Patrice Madurai	Romani/Roma
South Africa	Swedish	Tenzing Norgay	Thomas Edison



Cupcakes to Celebrate

What if you did not have a birth certificate? A birth certificate is not just a piece of paper. It is an important record of who you are. You need it to go to school. You need it to get a passport to travel. You need it to get married. You need it to work. You need it to get any type of government help. In fact, everyone needs a birth certificate. Without it, you would not be able to do these things. A birth certificate tells when and where you were born and who your mother and father were. It shows who you are and makes you different from other people.

Patrice Madurai saw that many children in South Africa did not have birth certificates. Without a birth certificate, these children were not recognized as being part of their own country. They could not show who they were. So, they could not do many things or receive help. Many of these children have difficult lives. Getting a birth certificate is not an easy thing for them to do on their own.

Patrice started helping kids in her country in 2013. Although she was only 20 years old at the time, Patrice wanted to help the children get birth certificates. In addition, some of the children had never had a birthday cake. So, Patrice started giving them cupcakes to celebrate their lives. She wanted to make the children feel special.

Patrice's goal is to bring happiness and give children hope for a brighter future. For her, that starts with a birth certificate and a cupcake. And now, her idea is being used in seven countries!



Word Count 275 words

Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. a person who helps children learn how to read.
 - b. a person who helps children find a family.
 - c. a person who helps children get their birth certificates.
2. The writer says that a birth certificate
 - a. is not important.
 - b. should be kept in a safe place.
 - c. is needed for many reasons.
3. Which of the following is NOT mentioned as something that a birth certificate is needed for?
 - a. To get a passport
 - b. To join a sports team
 - c. To receive help from the government
4. Patrice Madurai started her idea for helping children in
 - a. Denmark.
 - b. Indonesia.
 - c. South Africa.
5. Patrice Madurai gives cupcakes to the children
 - a. because they like sweets.
 - b. to celebrate their lives.
 - c. to make money.



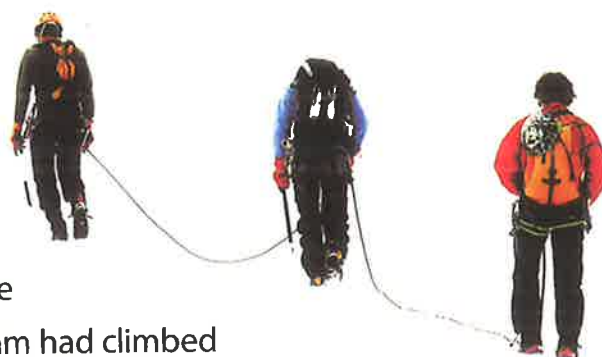
Extra Practice

Choose the right word.

A birth 1. (passport / certificate) is important for doing many things in one's country. It is how the government 2. (recognizes / finds) who you are. Patrice Madurai saw that many children in her country did not have birth certificates. She made it a 3. (dream / goal) to help children get their birth certificates. She also wanted to 4. (celebrate / give) the children's lives. She decided to do so by giving them a 5. (cookie / cupcake) on their birthday. In this way, Patrice is giving hope and happiness.

Standing on Top of the World

In the spring of 1953, no human had ever been to the top of Mount Everest, which is 8,848 meters high. Teams from different countries had been trying for years. But the climb was dangerous, and snowy weather made it even more so. In 1952, a Swedish climbing team had climbed to within 250 meters of the top. But they had to turn around because of the weather. Tenzing Norgay, from Nepal, had been a guide on that team. The next year, Norgay was the guide for a British team that included Edmund Hillary.



After the rest of the team stopped, Hillary and Norgay went on climbing. On the morning of May 28, 1953, Hillary and Norgay started their final climb to the top. But, with only a few meters left to their goal, their way was blocked by a wall of stone. They couldn't go over the rock, but Hillary made a plan to go around it. They climbed between the ice and the side of the rock. Pushing against the ice with their feet, they moved their backs against the rock. In this way, they inched up the mountain and finally made it to the top.

At 11:30 a.m. that day, Edmund Hillary and Tenzing Norgay stood on top of Mount Everest. There is a picture of Norgay standing at the top, but not one of Hillary. Norgay said that Hillary was the first to stand on the top, but he did not want his picture taken. It did not matter, though. Soon, Sir Edmund Hillary was going to become famous as the first person to climb to the top of Mount Everest.



Word Count 275 words

Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. a trip to the North Pole.
 - b. climbing Mount Everest.
 - c. building a tall building.
2. Tenzing Norgay was
 - a. the leader of the British team.
 - b. the first man to stand on Mount Everest.
 - c. a guide for Edmund Hillary.
3. The problem for Edmund Hillary at the top of the climb was
 - a. a wall of rock.
 - b. bad weather.
 - c. too much ice.
4. Which of these is NOT true according to the reading?
 - a. Hillary became famous.
 - b. Hillary had his picture taken on top of the mountain.
 - c. Norgay climbed to the top of the mountain.
5. According to Norgay, Hillary was
 - a. the first to the top.
 - b. too afraid to climb the ice wall.
 - c. not an easy person to climb with.



Extra Practice

Choose the right answer for each question.

- | | | |
|---|----------------|----------------|
| 1. What is climbing Mount Everest described as? | Relaxing | Dangerous |
| 2. How tall is Mount Everest? | 550 meters | 8,848 meters |
| 3. Why were many people not able to reach the top? | Snowy weather | Big animals |
| 4. What was Tenzing Norgay's job? | Team captain | Guide |
| 5. Who did not want to have his picture taken at the top? | Edmund Hillary | Tenzing Norgay |

Modern Gypsies

These days, the word *gypsy* is becoming better-known by the public. This may be in part because of the popular British TV show, "Big Fat Gypsy Weddings." This show focuses on the wedding traditions and lives of gypsies. The popular TV show is watched by over 8 million people each week. Now, there is even an American show as well. These TV shows have helped people learn about gypsies.

Gypsy is actually another name for the Romani or Roma group of people. It is thought that the Romani people came from India. Traditionally, they are a people group who do not stay in one place. Rather, they move from place to place. In history, the Romani people have faced challenges from others wherever they have gone. People living in an area didn't want gypsies living there. This may be part of the reason they never stayed in one place. These days, however, most live in Europe and America.

Typically, the Romani people are known to be singers and dancers. These are jobs that they can do anywhere in the world. Family is also important to the gypsies. They live and travel together as a family group including aunts, uncles, and grandparents. Weddings are also a cause for big family gatherings.

Some modern gypsies choose to mix and get lost in the culture in which they live. Others have chosen to hold on to their own culture. Some have decided to stay in one place. Others still like to move around from place to place. In many ways, their culture is still the same. They usually live simple lives with a focus on family and adventure.



Word Count 275 words

Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. a group of people.
 - b. a TV show.
 - c. a singing group.
2. The writer says that Romani and Roma are
 - a. people who live in India.
 - b. from Rome, Italy.
 - c. two names for people who keep traveling around.
3. The gypsies are thought to have come from
 - a. Egypt.
 - b. England.
 - c. India.
4. Which is NOT mentioned as a typical job for a gypsy?
 - a. Singer
 - b. Banker
 - c. Dancer
5. Gypsies tend to prefer
 - a. busy and wealthy lives.
 - b. slow and quiet lives.
 - c. simple and fun lives.



Extra Practice

Choose the right word.

The Romani people are more commonly known as 1. (gypsies / Indians). They are an interesting group that have created their own 2. (challenges / traditions). Their lives 3. (mix / focus) on family and adventure. For example, 4. (schools / weddings) are usually a cause for big family gatherings. In addition, they prefer to move around from place to place rather than stay in one 5. (area / modern) for a long time.

The War of Currents

In the early 1800s, the first electric light was made. But there was no good way to get electricity into homes. Two men began working to develop an electric generator. One was the famous Thomas Edison. The other was a young man named Nikola Tesla.

5 Tesla was born in Croatia in 1856 and moved to America in 1884. He joined Thomas Edison and worked with him in Edison's company. Edison had developed a generator that made direct current, or DC. His generator was already lighting a small area of New York City. Tesla helped Edison make his DC generator better. But he did not stay with Edison very long. Tesla thought there was a better way to make electricity.

10 Nikola Tesla knew more about electricity than almost anyone. He believed alternating current, or AC, was the best way to power homes. Tesla did not invent the AC generator. But he came up with ideas for making better AC generators. Soon, he became famous and quite wealthy from his new inventions. He
15 went to work for a large electric company. He developed AC generators to power homes and businesses. Tesla was on his way to great success.

Edison was not happy. He fought against Tesla's AC generators. He told everyone that AC would kill people. It was true that AC was more dangerous. But DC had its own problems. It could not be sent far from the generator. AC, on the other hand, could be
20 sent very far. Finally, Tesla won. The world would get power from AC generators.

Nikola Tesla was a great inventor, and because of his inventions, now the whole world has electricity.



Word Count 275 words

Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. Tesla and his ideas for AC generators.
 - b. the years that Tesla spent fighting in a war.
 - c. Tesla's invention of current.
2. According to the reading, Edison
 - a. invented the first electric light.
 - b. developed an AC generator.
 - c. developed a DC generator.
3. Which of the following is NOT true about Tesla?
 - a. He was born in America.
 - b. He thought that AC was better than DC.
 - c. He did not invent the AC generator.
4. Edison told people that AC generators were bad because
 - a. they cost a lot of money.
 - b. they were hard to make.
 - c. AC was dangerous.
5. DC generators are not good for making electricity because
 - a. they are dangerous.
 - b. they can't send electricity very far.
 - c. they can't make much electricity.



Score _____

Extra Practice

Choose the right answer for each question.

- | | | |
|---|---------------|-------------|
| 1. Where was Tesla born? | Croatia | America |
| 2. What was Tesla an expert in? | Education | Electricity |
| 3. What did Edison and Tesla develop together? | DC generators | Car engines |
| 4. How did Edison describe Tesla's AC generator? | Excellent | Dangerous |
| 5. Where did Tesla want to use AC generators for power? | In homes | On boats |

A Smart, Strong Leader

In Kiev, Russia, in 1905, Jews were being killed by Russians. Goldie Mabovitch was a Jew, and her father knew he had to get his family out of Kiev. Goldie soon began a trip with her family that would take her to America and then later to Palestine. She would also change her name to Golda Meir.

5 In the early 1900s, Jews had been without a homeland for almost 2,000 years. Now, they were also being killed in many places around the world. Many moved to America, like Meir. As Meir grew up in America, she began to dream of a homeland in Palestine.

10 In 1921, Meir moved to Palestine. At the time, it was under British control. Britain did not want a Jewish state in Palestine. They knew it would cause trouble. But Meir never gave up. She worked hard with others to set up a Jewish state. Finally, in 1948, Israel made a declaration of independence. Golda Meir was one of the people who signed that declaration. Finally, after 2,000 years, there was again a Jewish homeland. It was called Israel.

15 But the trouble the British were afraid of happened. Right away, the countries around Israel began fighting Israel. Meir was a member of the Israeli government. Everyone saw how smart and strong she was during the fighting. The people of Israel loved her.

20 When she was 68, Meir decided that she had worked long enough. She wanted to rest. But Israel did not want her to stop. The people wanted her to lead. In 1969, at the age of 71, Golda Meir became the first woman leader of the nation of Israel.

Word Count 275 words



Comprehension Questions

Circle the right answer.

1. This reading is about
 - a. Jews in America.
 - b. the first woman leader of Israel.
 - c. the wife of a famous scientist.
2. According to the reading, Goldie's family left Russia because
 - a. people were killing Jews.
 - b. they wanted to join their family in the US.
 - c. a gypsy told her parents to go to Israel.
3. The British did not want a Jewish state in Palestine because
 - a. there were not enough Jews to make a state.
 - b. it would cause trouble with other people who lived there.
 - c. they thought the Jews should go to the UK.
4. Which of the following is NOT true according to the reading?
 - a. Jews had not had their own land for 2,000 years.
 - b. Golda Meir signed Israel's declaration of independence.
 - c. The Jews in Israel started a fight with the British.
5. When Golda Meir wanted to rest, the people of Israel
 - a. chose her to be their leader.
 - b. sent her to America.
 - c. let her stop working.



Score _____

Extra Practice

Choose the right word.

Golda Meir was a 1. (male / Jew) who was born in Russia and later moved to America. At that time, there was no land or 2. (state / generator) for the Jewish people to call their own. But Golda Meir dreamed it could happen. She moved to Palestine and began to work towards making a 3. (member / homeland) for the Jews. In 1948, she was one of the people to 4. (control / sign) the declaration of independence for the nation of Israel. In 1969, she became Israel's first woman 5. (member / leader).

CEFR Level

A2 High-B1 Low

Timed Reading for Fluency

2

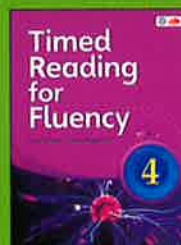
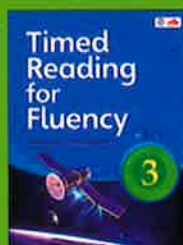
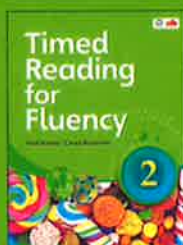
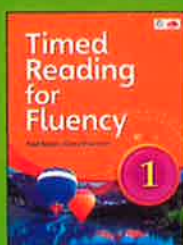


Streaming Audio

Timed Reading for Fluency is a useful series for students who want to develop their reading fluency. Because fluency development requires students to make the best use of what they already know, the reading passages in this series target familiar vocabulary and grammar. Such reading material allows students to practice recognizing and processing texts that they read without undue struggle while aiming toward a faster reading speed. This series of books uses timed readings of standard lengths so that students can track their progress throughout the course.

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- Downloadable answer key



Level	1	2	3	4
Vocabulary Level	800	1100	1500	2000
CEFR	A2 Mid	A2 High-B1 Low	B1 Low-B1 Mid	B1 High

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