

HOW TO STOP / REMOVE FLOURIDE FROM YOUR WATER NOW:

Below is a sample administrative remedy template for research and educational purposes. It is not legal advice, nor should it be construed or used as such. Anyone seeking legal action or remedy should consult a licensed attorney. The following serves merely as a hypothetical format illustrating how certain legal-style demands might be structured.

What we do:

- 1) Print out 2 copies (at least) bring them to the post office to get the letter sent certified.
- 2) When at post office ask the clerk for a certified mail slip or look for one on the counters they are green and white usually.
- 3) Fill out the “Certified Mail Number” from the number on the slip from the post office.
- 4) Optional: Photocopy or take a picture of the signed letter and certified receipt and email it to their email address listed under “contact” on their site. It may also be under “Terms of use” or “Privacy Policy” on the bottom of the site.
- 5) Sit back and wait on their response. If need be go to (<https://scholar.google.com/>) and search for more studies to send in, its easy!
- 6) Optional, if they refuse, then you sue. You'll be looking for damages and for “injunctive relief” to remove the issue setting a precedent for at least your local area. It would be smart to strengthen this letter by including studies that you find. Its the best kind of research.

Note: You can use this template to assert your rights to anyone or any agency about anything.

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SecretCivics.com
By Disclosure Hub

REMOVE THIS BEFORE SENDING^^^^

ATTEMPT AT ADMINISTRATIVE REMEDY & TORT CONTRACT

Date: _____

Certified Mail Number: _____

To:

[Name and Title of Appropriate Official or Agency]

[Address]

[City, State, ZIP]

Dear Legal Department or Representative,

INTRODUCTION

a. This notice serves as an official attempt at administrative remedy regarding the inclusion of fluoride in public water supplies under the auspices of:

[Name of Municipality / Water District / Government Agency].

BASIS FOR NOTICE & DEMAND

a. Fluoride Toxicity Studies:

- i. Multiple peer-reviewed studies and scientific literature (e.g., certain research published or funded by the U.S. National Institutes of Health, Harvard University, and others) have raised concerns about the safety of fluoride in drinking water, especially regarding potential neurotoxic effects, skeletal fragility, and other health concerns.
- ii. Evidence presented in some studies indicates that fluoride is an industrial byproduct, and exposure to even low levels over time can be harmful—both when swallowed and through topical exposure (e.g., skin contact).
- iii. Several research articles, including meta-analyses, suggest that elevated fluoride levels may impact neurological development in children, bone mineral density in older adults, and overall systemic health.

b. Harm to Individuals:

- i. Ongoing documentation indicates that certain side effects—including, but not limited to, dental and skeletal fluorosis, potential neurological impacts, thyroid dysfunction, and other related health issues—are increasingly reported.
- ii. I and others around me are experiencing some or all of these health effects. We will continue to record and document any new or ongoing adverse effects, creating a legal record of the harm.

c. Constitutional Violations:

- i. **Right to Bodily Integrity:** Mandating fluoride in public drinking water without informed consent infringes upon my fundamental right to bodily autonomy protected under the Ninth and Fourteenth Amendments of the U.S. Constitution.
- ii. **Right to Life, Liberty, and Property:** Fluoride posing a health risk, a forced medication regimen (fluoridation) without due process violates constitutional safeguards.
- iii. **Other Constitutional Provisions:** Additional claims may be raised under state constitutions or federal laws if this comes to litigation.

DEMAND & NOTICE TO CURE

- a. **TAKE NOTICE:** I demand that your office or agency immediately remove or halt any further addition of industrial fluoride compounds to the public water supply.
- b. **RESPONSE WINDOW:** You have fifteen (15) days from confirmed receipt of this notice (as verified by certified mail tracking) to respond in writing with your intended course of action.
- c. **REMEDY:** The immediate remedy sought is the cessation of fluoride use in public water supplies, pending rigorous independent review or public referendum.

CONDITIONS & FEES (TORT CONTRACT)

- a. **Failure to Respond:** Should you fail to respond within the 15-day window, or should your response be deemed inadequate or non-substantive, you will be considered in default of this demand.
- b. **Daily Fee for Non-Compliance:** Every calendar day beyond the 15-day period in which no remedy has occurred shall result in an accrued fee of \$5,000 per day until full compliance is achieved. If this dispute requires litigation, I reserve the right to pursue back-charges from the point of smart meter installation.
- c. **Reservation of Rights:** All rights, remedies, and lawful actions concerning this matter are hereby reserved, including but not limited to compensatory damages, injunctive relief, and any other relief deemed appropriate under federal or state law.

CONCLUSION

- a. **Documentation of Harm:** Observed health impacts and newly published studies regarding fluoride toxicity will be continually documented and provided as available.
- b. **Good Faith & Fair Dealing:** I am acting under the belief that the inclusion of fluoride in drinking water is detrimental. I demand your office to review, correct, and address these concerns in accordance with applicable laws and the Constitution of the United States of America.

Thank you for your immediate attention to this critical matter. Your timely response and remediation efforts will be greatly appreciated.

Sincerely,

[Your Name or Signature]

[Address]

[City, State, ZIP]

[Phone Number]

[Email Address]

DISCLAIMER: This example is provided purely for research and educational purposes. It does not constitute legal advice, does not establish an attorney-client relationship, and should not be relied upon to take or refrain from any action. Consult a licensed attorney for legal counsel, strategies, and actions tailored to your specific needs.

REMOVE THIS BEFORE SENDING^^^^

