

21. have a tan

Meaning: To have skin that is darker due to sun exposure

Examples:

She has a tan after spending a week at the beach.
Having a tan can make your skin look healthier.
He avoided the sun because he didn't want to have a tan.

22. neatly dressed

Meaning: Wearing clean and tidy clothes; well-groomed

Examples:

He was neatly dressed in a tailored suit for the job interview.
The children were neatly dressed for the family photo.
Being neatly dressed gives a good first impression in professional settings.

23. muscular/athletic build

Meaning: A body shape that is strong, fit, and muscular.

Examples:

His athletic build comes from years of playing football.
Having a muscular build can make clothes fit differently.
She has an athletic build that complements her active lifestyle.
He has a muscular build from years of working out.

24. wear bright colors

Meaning: To dress in clothing with vivid or bold colors.

Examples:

She loves to wear bright colors during the summer.
Wearing bright colors can instantly lift your mood.
He prefers dark shades but wore bright colors for the celebration.

25. look pale

Meaning: To appear lighter than usual, often due to illness or fatigue

Examples:

She looked pale after staying indoors for weeks.
He looks pale; maybe he should see a doctor.
Looking pale can sometimes be a sign of stress or lack of sleep.

26. look healthy

be in (great) shape

Meaning: To appear fit and in good physical condition

Examples:

She looks healthy after spending time outdoors.
Eating well and staying active makes you look healthy.
His glowing skin made him look healthy and vibrant.

27. striking resemblance

Meaning: When someone looks very similar to another person, usually in a noticeable way

Examples:

She has a striking resemblance to her mother.
The actor had a striking resemblance to a famous singer.
Their children have a striking resemblance to their grandfather.

28. slender figure

Meaning: A thin and graceful body shape

Examples:

She has a slender figure that she maintains through regular exercise.
The ballerina's slender figure is a result of years of rigorous training.
Wearing that dress emphasized her slender figure beautifully.

29. perfectly groomed

well-groomed appearance

Meaning: Looking clean, tidy, and polished overall

Examples:

His well-groomed appearance impressed the interview panel.
She always maintains a well-groomed appearance, no matter the occasion.
Models are often expected to be perfectly groomed for fashion shows.
His perfectly groomed beard made him look sharp and professional.

30. look young

have a youthful appearance

Meaning: Having an appearance that suggests youthfulness

Examples:

She looks so young; I can't believe she's in her 40s.
People often tell him he looks young for his age.
Drinking water and getting enough sleep can help you look young.

Family Reunion: A Day of Surprises

Yesterday, I attended a family reunion, and it was fascinating to see how everyone had changed over the years. My cousin Jake, with his **muscular build**, stood out as always. He has been working out regularly, and his commitment to fitness was evident. Meanwhile, my aunt Rachel looked radiant with her **well-groomed appearance**—her hair perfectly styled and her outfit impeccable.

My younger sister, who always opts for cheerful clothing, decided to **wear bright colors** again, making her the center of attention. Grandma commented on how my cousin Lisa, with her **slender figure** and timeless grace, seems to **look young** no matter what. There's no denying the **striking resemblance** between her and her mother, who was equally beautiful in her prime.

Uncle Tom, who recently returned from a tropical vacation, showed off his fresh **tan**, making him **look healthy** compared to some of us who've been cooped up indoors. On the other hand, my brother Mike, after pulling an all-nighter at work, seemed to **look pale**, though he tried to hide it by being **neatly dressed**.

It was a wonderful day filled with laughter, memories, and the realization that some people truly defy the passage of time with their **youthful appearance**.

Exercises

1. Fill-in-the-Blanks

Complete the sentences using the appropriate collocations.

- After spending a week on the beach, she came back with a gorgeous _____.
 - Despite his age, he still has a _____ build because he works out regularly.
 - People often comment on their _____ resemblance; they could be twins!
-

2. Match the Sentence

Match the beginning of the sentence with its correct ending.

Beginnings:

1. She always looks neatly dressed...
2. He wears bright colors...
3. He has a muscular build...

Endings:

- a. to show off his artistic personality.
 - b. even when running errands.
 - c. because he goes to the gym every day.
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3. True or False

Decide if the following statements are true or false based on the collocations.

- a. Someone who is "neatly dressed" is likely to wear wrinkled clothes.
 - b. "Striking resemblance" means looking almost identical to someone else.
 - c. A "slender figure" refers to someone who is heavyset.
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4. Synonyms and Context

Find a synonym for the collocation and write a sentence using the original phrase.

- a. Look healthy (Synonym: appear well)
 - b. Perfectly groomed appearance (Synonym: impeccably maintained look)
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5. Sentence Expansion

Expand the following sentences by adding details related to the collocations.

- a. She has a tan.
 - b. He looks young.
 - c. They wear bright colors.
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6. Error Correction

Correct the mistake in the following sentences:

- a. She has a very neatly dress appearance every day.
 - b. His slander figure made him look elegant.
 - c. They have a strike resemblance.
-

7. Discussion Prompts

Discuss the following with a partner or write a short response:

- a. Why do you think people enjoy wearing bright colors in the summer?
 - b. What activities can help someone maintain a muscular or athletic build?
 - c. How would you define a "well-groomed appearance"?
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8. Describe the Picture

Look at a picture of someone with a tan or a slender figure (or imagine one). Use at least three collocations from the list to describe their appearance.

9. Collocation Transformation

Rewrite the sentence using a different collocation from the list:

- She looks fit and well. (Hint: Use "look healthy")
 - He always dresses nicely. (Hint: Use "neatly dressed")
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10. Role Play

Imagine the following scenarios and use the collocations:

- Compliment a friend on their perfectly groomed appearance before an event.
- Explain to a doctor why you look pale today.
- Discuss with a friend why you admire someone's youthful appearance.

Answers for the Exercises

1. Fill-in-the-Blanks

- After spending a week on the beach, she came back with a gorgeous **tan**.
 - Despite his age, he still has a **muscular build** because he works out regularly.
 - People often comment on their **striking resemblance**; they could be twins!
-

2. Match the Sentence

- She always looks neatly dressed... **b. even when running errands.**
 - He wears bright colors... **a. to show off his artistic personality.**
 - He has a muscular build... **c. because he goes to the gym every day.**
-

3. True or False

- Someone who is "neatly dressed" is likely to wear wrinkled clothes. **False**
 - "Striking resemblance" means looking almost identical to someone else. **True**
 - A "slender figure" refers to someone who is heavyset. **False**
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4. Synonyms and Context

- Look healthy** (Synonym: appear well)

Example: She looked healthy after her morning jog, her face glowing with energy.

- Perfectly groomed appearance** (Synonym: impeccably maintained look)

Example: His perfectly groomed appearance made him stand out at the formal event.

5. Sentence Expansion

- a. She has a tan **from spending hours sunbathing on the beach during her vacation.**
 - b. He looks young **because of his glowing skin and energetic personality.**
 - c. They wear bright colors **to add some cheerfulness to their everyday outfits.**
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6. Error Correction

- a. She has a very **neatly dressed** appearance every day.
 - b. His **slender** figure made him look elegant.
 - c. They have a **striking resemblance.**
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7. Discussion Prompts

These are open-ended and depend on individual responses, but here are example answers:

- a. People enjoy wearing bright colors in the summer because they feel cheerful and match the sunny weather.
 - b. Activities like weightlifting, swimming, and playing sports can help maintain a muscular or athletic build.
 - c. A well-groomed appearance means looking clean, tidy, and polished, often with attention to small details like hair and nails.
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8. Describe the Picture

Example description:

The woman in the picture has a tan from her tropical vacation. She is neatly dressed in a floral sundress and looks healthy with her radiant smile.

9. Collocation Transformation

- a. She looks fit and well. → She **looks healthy.**
 - b. He always dresses nicely. → He is always **neatly dressed.**
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10. Role Play

- a. Compliment: "Wow, you look perfectly groomed for tonight's party! Your outfit and hair are on point."
- b. Doctor: "I feel a bit off today. That's why I look pale—I didn't get enough sleep."
- c. Discussion: "I admire how she maintains such a youthful appearance. She must have a great skincare routine."